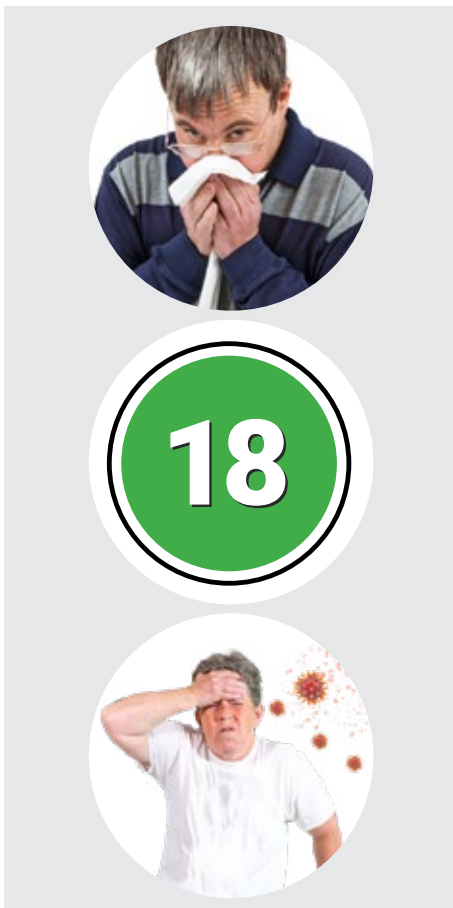




# COVID-19 medicines



This is an info sheet about medicines for when you get COVID-19.



You might be able to take the COVID-19 medicine if

- You get COVID-19

and

- You are over 18 years old

and

- You might get very sick if you get COVID-19.



There are 2 medicines for COVID-19 you can take at home.



The medicines can help you feel better if you get COVID-19.

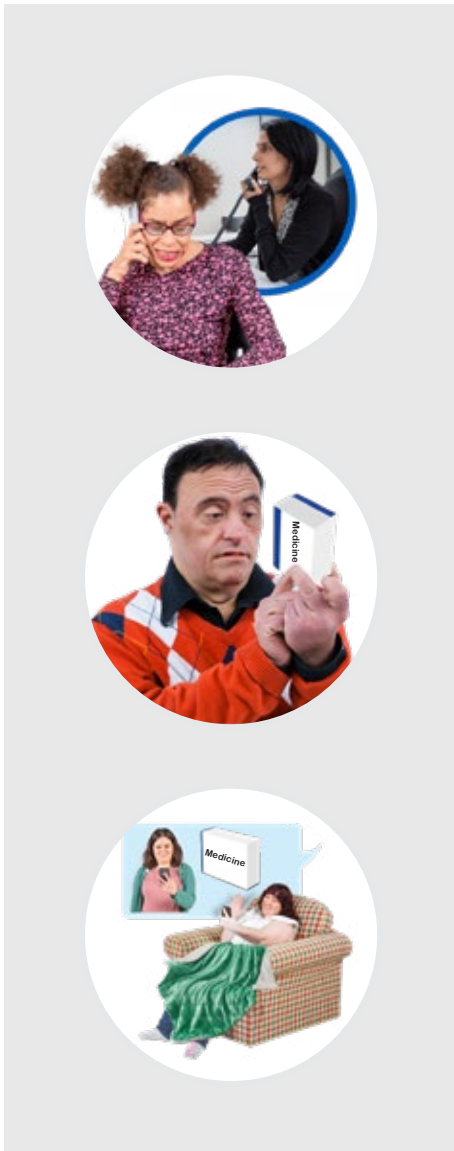


You can ask your doctor

- The names of the medicines
- If the medicine is right for you.



It is good to ask your doctor about medicines in case you get COVID-19.



If the doctor says you can take the medicine you should think about

- How you will get in touch with your doctor if you get COVID-19
- Where you can buy the medicine
- Who can bring the medicine to you.



This info sheet will help you think about these things.

# How to get the COVID-19 medicines



You can get the COVID-19 medicines if you get a positive result from a COVID-19 test.



A **positive result** means you have COVID-19.



A COVID-19 test could be

- A RAT test
- A PCR test.

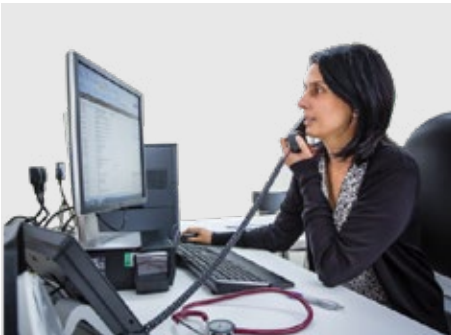


If you do a PCR test you must isolate until you get your result.

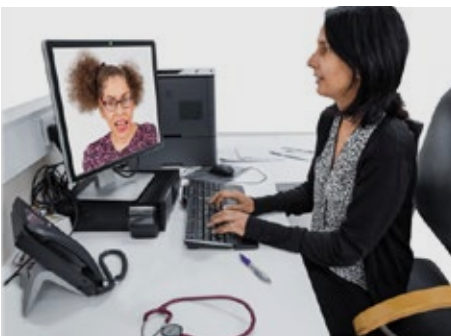
**Isolate** means you must stay at home away from other people.



If you get a positive result you will need to isolate for 7 days.



You will need to make a time to talk to your doctor to get the COVID-19 medicine.

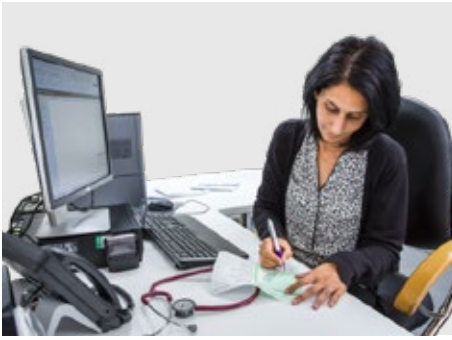


Your doctor might tell you to have a **telehealth** visit.

**Telehealth** means the doctor will talk to you over the phone or video.



When you talk to the doctor they will tell you if you can take the COVID-19 medicine.



If the doctor says you can take the medicine they will give you a script for it.



A **script** is what you take to the chemist to get your medicine.

A **chemist** is a place that gives out medicine.



You might need help to get the medicines if you have to isolate.



You should

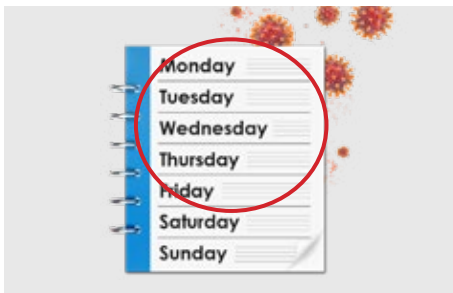
- Ask the chemist if they can bring the medicine to you
- Ask a support worker or someone you trust to bring you the medicine.



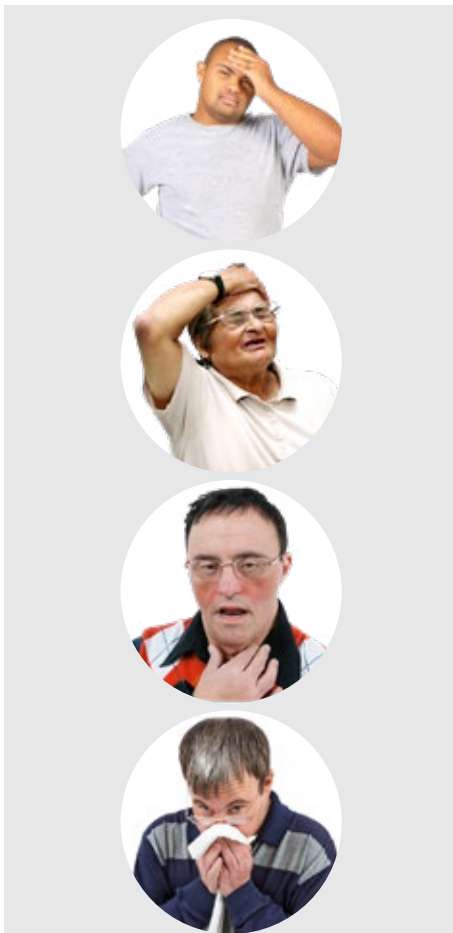
# When should you take COVID-19 medicine



If you are under 70 you need to take the medicine as soon as you get COVID-19 symptoms.



The medicine will only work if you start to take it in the 5 days after you get symptoms.



**Symptoms** are feelings in your body that mean you have COVID-19.

This could be things like

- Fever
- Headaches
- Sore throat
- Runny nose.



If you are over 70 you need to start the medicine as soon as possible after you get a positive result.



You can take the medicine after a positive result even if you have no symptoms.



# National Coronavirus Helpline



If you can not talk to your doctor you can call the National Coronavirus Helpline for help.



The **National Coronavirus Helpline** gives free info about COVID-19 to everyone in Australia.

We will say Helpline for short.



The Helpline might help you make a time to speak to your doctor.

You can ask them about this when you call.



To speak to the Helpline

- Call 1800 020 080
- Press Option 5.



If you want the Helpline to help you speak to your doctor you will need to tell them

- The name of your doctor
- The place where your doctor works.



The Helpline can also give you info about the COVID-19 medicines.

# How to take the medicine



Both of the COVID-19 medicines are tablets.



You can swallow the tablets to take the medicine.

**Swallow** is when food or drink goes down your throat.



For some people it is hard to swallow.



1 of the medicines can be made into a drink if you can not swallow



You can tell your doctor or chemist if it is hard for you to swallow.

They will tell you how you can take the medicine.



A support person can help you speak to your doctor and chemist.

# COVID-19 vaccinations

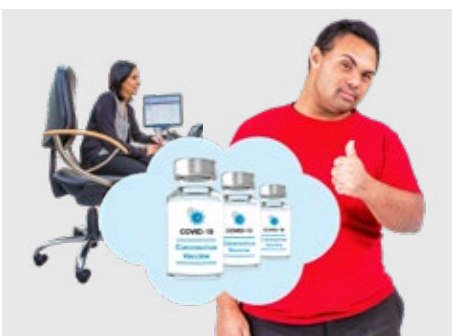


COVID-19 vaccinations are still very important.

**COVID-19 vaccinations** are medicines that help stop you getting sick from COVID-19.



The best way to protect yourself from COVID-19 is to have all of your COVID-19 vaccinations.



You can ask your doctor how many vaccinations you should have.

## If you think you have COVID-19



If you think you have COVID-19 you must get tested as soon as you have symptoms.



You can call the Helpline to ask for help if you think you have COVID-19.



There is an Easy Read form called Your **Emergency Plan for COVID-19**.

This helps you make a plan about what to do if you get COVID-19.



You can click here to look at the form.

**[www.collaborating4inclusion.org/  
covid-19-person-centred-emergency-  
preparedness](http://www.collaborating4inclusion.org/covid-19-person-centred-emergency-preparedness)**



This website tells you more about the  
COVID-19 symptoms.

**[www.healthdirect.gov.au/symptom-checker/  
tool](http://www.healthdirect.gov.au/symptom-checker/tool)**



This website is not Easy Read.

You might want to ask for help to read it.

Council for Intellectual Disability made this document Easy Read. **CID** for short.  
You need to ask CID if you want to use any pictures in this document.  
You can contact CID at **[business@cid.org.au](mailto:business@cid.org.au)**.