## **Creating Access**





# Speaking up for social change



#### Speak up



You have the right to speak up.

You can speak up and make change on big issues.



It could be a big issue that affects you, other young people or everyone in the community.



You can speak up about things like

- Disability rights and awareness
- The National Disability Insurance Scheme (NDIS)
- Education and employment
- The environment

#### Get ready to speak up



Think about how you want to speak up about the issue.



Think about how you want to speak up about the issue.

Know what your rights are.



Find out who makes decisions on the issue.



Team up with other people speaking up to support each other.



Practice speaking up with other people.

#### Make a plan



It is important to be prepared when you are speaking up.



These 5 questions will help you make a plan.

- What do you need to do?
- How will you do it?
- Will it cost money and how will you pay for it?
- Who do you need to talk to?
- Who can support you?

#### What to do if nothing changes



Keep going because making change takes time!

Try a different way to speak up.

Work with advocacy or human rights organisations.

### More information on speaking up for social change

Look at our other factsheets for more information



Speaking up for yourself



What is advocacy?

#### **Contact PWDA for more information**



Phone (02) 9370 3100



Email pwd@pwd.org.au

#### **Contact Youth Action for more information**



Phone (02) 8354 3700



Email info@youthaction.org.au

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