



There's No Place Like Home

Down Syndrome NSW Annual Housing and Accommodation Conference

> Monday 22 August -Tuesday 23 August 2022

Wesley Conference Centre, 220 Pitt Street, Sydney



INTRODUCTION TO THE PROGRAM :



Emily Caska, Chief Executive Officer, Down Syndrome NSW

Home means different things to different people. This year's theme, "There's No Place Like Home", speaks to the individuality of our home preferences and the journeys we are on.

Never linear, the twists and turns make this journey as challenging as it is rewarding with many lessons along the way. Our theme also speaks to the meaning of "home" and how the definition of this draws very much on person centred approaches, as defined and more importantly, felt by the individual.

Thank you for your interest in our first Down Syndrome NSW Annual Housing and Accommodation Conference to be held in Sydney on Monday 22 to Tuesday 23 August. Informed by our members this conference marks an important issue faced by so many of our members, and one that is considered from an early age by so many.





INTRODUCTION TO THE PROGRAM :

In bringing together industry experts as well as stories of lived experience, our Down Syndrome NSW Annual Housing and Accommodation Conference is unique in that it canvasses the full spectrum of stages:

- **Getting into the Move Groove**: preparing to move by starting at home, practical tips and strategies to start early;
- Moving On Up: getting your plan, researching options, process of searching for your home, which type of housing you're looking at, meeting with providers, sharing questions to ask, things to look for, tools to use
- Moving On Out: the different home types chosen, preparing for the big move, tips, the big day, adjusting to a new home (and parents adjusting too), range of stories from new home movers and medium to long term established home residents
- **Moving Around**: we tried, we learnt. We don't always get it right the first time, some may be back at home. Lessons learned and next steps to explore.

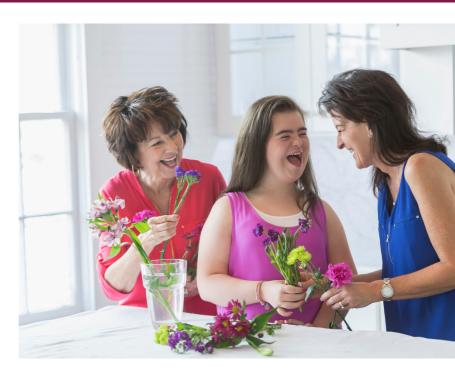




INTRODUCTION TO THE PROGRAM :

This conference is for:

- Parents
- Carers
- Siblings
- Grandparents
- Adults with Down Syndrome
- Housing Providers
- Support Workers
- Disability Service Providers
- Government Departments
- Support Coordinators
- Local Area Coordinators



We have made this conference on a Monday, to allow regional and rural delegates to travel on the weekend prior. We are also thrilled to partner with the Castlereagh Boutique Hotel to offer affordable accommodation with a special discount offer, at a gorgeous hotel in the heart of the city.

Conscious of our regional and rural members, we are also offering live streaming for the first time in the ticket options. This allows you to tune in from wherever you are and enjoy our impressive line up of speakers. We are also offering lifetime access to the conference video for all who attend and who can't attend, an option you can select in the tickets.

I ask that you share this program with your families, networks, support staff and organisations so that together we can enhance the capacity and capability of all the provide optimal housing and accommodation options for people with Down syndrome. We thank you for your support.

We are facing the first generation of people with Down syndrome who will outlive their parents. This is a phenomenon that should be celebrated but instead brings anxiety and challenges. Our annual conference series as well as workshops and resources on this critical topic are designed to support our members at every step.

We are here with you, at every stage.



CONFERENCE INFORMATION

Dates and Times:

Monday 22 August: 10am to 5pm Networking Drinks 5.30pm to 7.30pm Tuesday 23 August: 9am to 3.30pm

Audience:

This conference is for :

- Parents, Families, Siblings, Carers
- People with Down syndrome
- Support coordinators,
- Housing providers,
- Disability support workers

Accommodation

Down Syndrome NSW is proud to partner with Castlereagh Boutique Hotel, (169 Castlereagh St, Sydney NSW 2000). Elegant, stylish, perfectly located and affordable, the Castlereagh Boutique Hotel.

Conference delegates can go to (<u>https://www.thecastlereagh.com.au</u>) and use code **WESLEY10** to access discounted rates.

Venue and Location :





Nearest Train Station:

Town Hall Station

Nearest Parking Stations:

Piccadilly Secure Parking Hilton Secure Parking

Nearest Landmarks:

Australian National Maritime Museum Sydney Eye Tower The Sydney Fernery

Inclusions and Pricing:

Full Conference, including Networking Drinks

DSNSW Member	\$299
Non-Member	\$399

Day One, including Networking Drinks DSNSW Member - \$199 Non-Member - \$299

Day Two DSNSW Member - \$119 Non-Member - \$159

Life Streaming Day One - \$99 Lifetime Video Access - \$49

Networking Drinks

• Additional Ticket - \$35 **Register here**: https://events.humanitix.com/there-s-noplace-like-home-down-syndrome-nsw-annual-housingand-accommodation-conference-2022/tickets



DOWN SYNDROME NSW HOUSING AND ACCOMMODATION CONFERENCE 2022 :

Day One :

Time	Run Sheet	Speaker	Торіс			
	9:00 am – Registration Open					
	10:00 am – Welcome to Country					
10:05 am	Welcome	Lorraine Clark, President, Down Syndrome NSW	Welcome			
10:15 am	Keynote 1	NSW Minister for Disability Services, the Hon, Natasha Maclaren-Jones Official Opening				
10:30 mam	Keynote 2	Alecla Rathbone - Summer Foundation	Housing Options for People with Disability			
11:20 am - 11:40 am - Morning Tea						
11:40 am	Keynote 4	Karen Stace - National Disability Services	Sector Challenges and Opportunities			
12:00 pm	Keynote 5	Aviva Beecher Kelk - Hire Up A New Way of Living: Independent Liv				
12:20 pm	Keynote 6	Victoria Illingworth - Summer Foundation	Introduction to SDA and Sydney Housing Options			
12:40 pm	Keynote 7	Barbel Winter – Futures In Sight	Insights and Observations on Accessing Housing Under the NDIS			
1:00 pm	Parent Perspective	Patricia Mackenzie	Our Co-Tenancy Accommodation Model			
1:15 pm - 2:00 pm - Lunch						
2:00 pm	Parent perspective	Rita Harden	Getting into the Move Groove : Starting the Journey for Our Family			
2:20 pm	Parent Perspective	Margaret Booker	Sharing our SDA Journey and The Learnings			
2:40 pm	Parent Perspective	Carolyn Quinn	King of His Castle			



DOWN SYNDROME NSW HOUSING AND ACCOMMODATION CONFERENCE 2022 :

Day One :

Time	Run Sheet	Speaker	Торіс			
3:00 pm	Parent Perspective	Kerri Russo and Robyn Kildea	Just The Two Of Us : Jason and Sophie's Story			
3:20 pm - 3:40 pm - Afternoon Tea						
3:40 pm	Parent Perspective	Paula Rix	Changing Needs, Changing Landscape, Same Dream : Tom's Journey			
4:00 pm	Parent Perspective	Rachael Haggett	Ups and Downs; Highs and Lows : The Story of Tom's House			
4:20 pm	Parent Perspective	Evelyn and Kylie Scott	The Perils and Pleasures to Apartment Living			
4:40 pm	Closing Remarks	Emily Caska	Reflection and Next Steps			
5:00 pm	Close	Rene Pennock, Vice President Down Syndrome NSW				
5:30 pm - 7:00 pm - Networking Drinks and Canapes at Fassnidge at The Castlereagh Club (Upstairs, 199 Castlereagh Street, Sydney)						



DOWN SYNDROME NSW HOUSING AND **ACCOMMODATION CONFERENCE 2022 :**

Day Two:

My Home, My Way by Resourcing Inclusive Communities **An Initiative of Family Advocacy**





- As a person with disability, what does it mean to have your own home?
- What would make it possible to have your own home and what does the evidence say?
- Make and hold a personalised vision for home First steps to consider when making an unique home of your own
- · Living in your own home and settling in
- · Options for home and creative supports
- Barriers, challenges and fears
- Home as a part of community and neighbourhood
- Set up for long term safety and success
- Stories about people living in their own home with a range of supports

Time	Speakers		Торіс		
9:00 am	Margot Elliffe, Secretary, Down Syndrome NSW		Welcome		
My Home, My Way Workshop for Parents, Families, Carers, People with Down Syndrome and Support Workers					
Time		Торіс			
9:30 am - 10:30	am	Vision of my Home Community and Valued Roles			
10:30 am - 11 am - Morning Tea					
11 am – 1 pm			Housing Examples cont. Essential Elements of Home Support Options		
1 pm - 2 pm - Lunch					
2pm – 3 pm		Addressing Fears Summary			
3 pm - 3:30 pm		Closing Remarks			

Contact details :

For more information, go to - www.downsyndromensw.org.au/housingconference

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