## **Individualised Living Options (ILO)**

A new way to live independently with the NDIS

Housing and Accommodation Conference 2022







#### Today...

- Introduction
- Individualised Living Options (ILO) overview
- How Hireup can help

Ask all the questions!



## What's Individualised Living Options (ILO)?

#### Housemate

Housemate may receive either a payment or reduced or subsidised rent depending on the type and intensity of support provided

#### **Living Alone**

Supported by a network of informal and formal supports (e.g. oncall or concierge supports)

#### Host

Similar to housemate arrangement, except the person with disability moves into some else's home

#### **Living Together**

Can live with other people with disability, chosen on the basis of friendship, common interest etc.



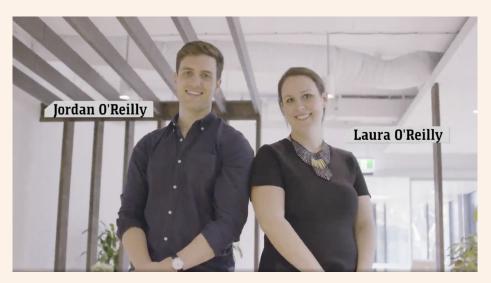
## Why we love ILO

"Loving my new place and the freedom it's bringing.

First time ever I've felt like I'm in control of my own life."

# "It depends"

## Hireup



Hireup.com.au

# What's stopping you from moving

out of home tomorrow?



#### How does ILO fit into other NDIS home and living options?

Core Individualised Living Options (ILO) Supported Independent Living (SIL)

People who are able to live in the community with good planning, drop-in supports and limited requirements for problem solving outside of support hours.

People who need 6 hours or more of support per day. May be up to 24 hours. Innovative models are funding including using informal, paid and other supports

Living arrangements that involve only rostered supports of staff employed and paid by the hour or meet the criteria for inactive or active sleep shifts. Usually 24/7 paid support



#### Am I eligible for ILO funding?

- Are you 18 or over?
- Do you need help at home for at least 6 hours each day?
- Are you ready to explore your home and living needs?
- Are you be willing to invest time and effort?
- Are your family or friends willing to be part of your ILO supports?

Note: We can also use core



## The process to get ILO funding

## Stage 0: Home and Living Supports Request

Stage 1: Exploration and Design

Stage 2: Support, monitoring & redesign

This stage is about **signalling to the NDIA** that the person with disability
would like support to achieve a
housing goal

**Submit** Home and Living Supports Request Form + Change of Circumstances This stage enables the person with disability to choose a provider to work with them. Together with the provider they explore their home and living aspirations and what they might need to be supported in their home. They design a living arrangement that focuses on their preferences and needs.

**Submit** ILO Service Proposal

This stage is about **finding and implementing the supports** the person with disability needs to live the way they want, **monitoring and adjusting** their supports as needs change.



It's time to start discussing some of those big questions

What's your vision for your ideal home?

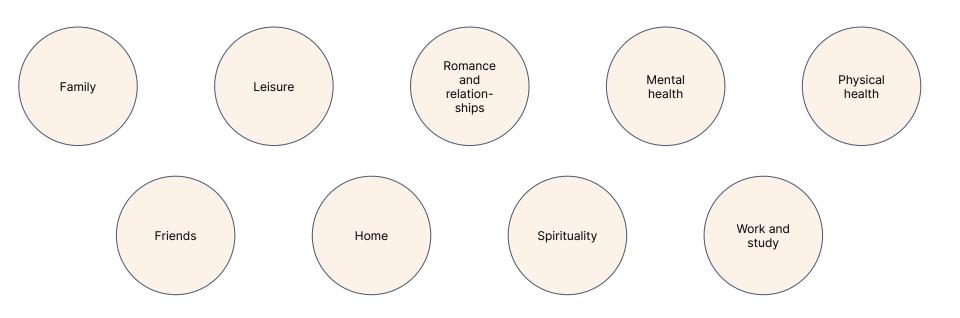
What will you be able to do if you have your ideal home that you can't do now?

What feels scary? What feels exciting?



# Stage 1 should be a holistic process that considers "home" in a broad sense

A strong exploration and design process covers...



### **Exploration and Design is funded in 3 levels**

**Level 1** \$3,000 (30 hours)

**Level 2** \$5,000 (50 hours)

**Level 3** \$10,000 (100 hours)



#### ILO supports are funded in 3 levels

Level 1

Up to \$105,000 per year

Level 2

Up to \$150,000 per year

Level 3

Up to \$230,000 per year

ILO funding is only for support you require in and around your home - not transport, capacity-building or capital. It excludes community participation.



## What happens in & after Stage 2?

#### **Stage 2: Supports**

Finding flatmates

Organising paid / formal supports

Involving informal supports appropriately

- Friends
- Family
- Neighbours / others in your network of supports

#### **Monitoring & redesign**

- Regular check-ins to ensure everything is working
- Redesign of the arrangement if things change
- Ensuring your safety at all times
- Working together with family, circle of support, allied health, support coordinator and others

## The support Hireup can provide

Stage 0: Home and Living Supports Request

Stage 1: Exploration and Design

**Stage 2: Supports** 

#### Support to complete your Home and Living Supports Request Form

- Quick advice on how to approach the process, OR
- Structured support to help you complete the form and maximise your chance of success

Holistic Exploration and Design to help you document your ideal living arrangement

Approached in partnership with your key supporters, as appropriate

## Operational support to help you realise your arrangement e.g.:

- Flatmate search
- Property search
- Support worker staffing
- Lifestyle coordination / rostering / monitoring



"I like living with Goran (supportive flatmate) because it's freedom"





# Questions?

#### Find out more and discuss your situation

Pat Neary - ILO <a href="Pat@hireup.com.au">Pat@hireup.com.au</a> or call 0439 255 563

Get in touch at <a href="https://www.hireup.com.au/ilo">www.hireup.com.au/ilo</a>