

Friday 17 March, 2023 Travel Club - City

Your Itinerary

Time	Activity
5.00 pm	Meet at Central Station 2/3 Country Line (Grand Concourse)
5.15 - 5.30 pm	Meet in the foyer of Castlereagh Boutique Hotel for Check In (169 Castlereagh St, Sydney)
5.30 pm - 5.45 pm	Unpack and unwind at the Reagh Bar – Live Piano Music and Drinks
5.45 pm - 6.00 pm	Leave Hotel, walking to Belvedere Hotel (600m)
6.00 pm - 7.00 pm	Dinner at The Belvedere Hotel
7.00 pm - 7.20 pm	Light rail to the Lyric Theatre (55 Pirrama Rd, Pyrmont)
7.20 pm - 7.30 pm	Arrival and get seated
7.30 pm - 10.00 pm	Hairspray the Musical – running time 2hr 30
10.00 pm - 10.30 pm	Late Night Ice Cream Run for debrief on the night
11.00 pm	Lights out, Sleep Tight!

Time	Activity
7.00 am - 8.00 am	Wake up, get ready to start the day
8.00 am - 8.30 am	Coffee Club in the Hotel Lounge (optional)
8.30 am - 9.15 am	Breakfast at the Hotel
9.15 am - 9.45 am	Hyde Park – a mindful walking experience
9.45 am - 10.00 am	Check Out (make sure you have packed everything)
10.00 am - 10.45 am	Bingo in the Lounge with Prizes
10.45 am - 11.30 am	Travel Journal
12.00 noon	Meet at Central Station platform 2/3 country line (Grand Concourse) Or Pick up from Venue (11:45am)

FRIDAY 17 March

SATURDAY 18 March



WHAT'S INCLUDED



- NDIS Service Cost S620 includes
- Overnight Accommodation at the Castlereagh Boutique Hotel (usually rooms are share with another)
- Your ticket for Hairspray The Musical
- Breakfast, tea and coffee
- Staffing and support costs
- Bingo game + prizes

WHAT TO BRING

- Money for Belvedere Dinner on Friday Night approximately \$40
- Opal Card that is topped up to travel on trains and light rail
- Mobile phone that is charged up if you have one
- Smart Clothes (time to get all fancy!) for the Lyric Theatre
- Comfortable shoes for Saturday Mindful Walk of the City
- Pyjamas, toiletries (toothbrush, toothpaste, hair care, hygiene and sanitary products)
- Your clapping hands to applaud the great show we will see plus sing along
 if you know the words!
- Stay COVID-safe if you become unwell, please stay home and do not attend this event





CONTACT

This Overnight Sydney CBD Adventure will be led by Nikki Hayhurst

The new UP! Club Mobile number is **0438 660 940**We will have other awesome support staff attending.

You can email us at <u>upclub@dsansw.org.au</u>

Please note there will be no active supervision from 11:30pm – 7:30am

All staff are located right beside all UP! Club Travel Club guest rooms and are clearly marked.

CANCELLATION POLICY

We know plans change but we are so excited to see you!

Bookings cancelled on or after Monday 13 March will be charged in full. We trust you understand this as we find it hard to fill your spot after this date. Cancellations must be made in writing to upclubedsansw.org.au

