People with Down Syndrome

## Ingredients

• 200g 70% cocoa

dark chocolate,

chopped

- 1 tbsp caster sugar
- 50g butter,

softened

- 2 eggs, separated
- 2 egg whites





## Directions Step 1

- Place chocolate (200g 70% cocoa dark chocolate, chopped) in a large heatproof bowl set over a saucepan of simmering water (make sure base of bowl doesn't touch water).
- Stir for 2 to 3 minutes or until melted and smooth.
- Whisk in sugar(1 tbsp caster sugar) until dissolved.
- Remove from heat. Whisk in butterbutter (50g butter, softened) until smooth.
- Whisk in egg (2 eggs, separated) yolks until combined.

## Step 3

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- Using an electric mixer, beat egg whites until firm peaks form.
- Whisk half the egg white into chocolate mixture until combined.
- Fold remaining whites into chocolate mixture until combined.
- Refrigerate for 1 hour or until set.

## Step 4

- Remove mousse from fridge 30 minutes before serving. Place
  - 1 tablespoon of mousse onto 1 serving spoon.
- Repeat with remaining mousse and 7 serving spoons (you will have mousse left over).
- Serve with coffee.





