Gluten-free lemon curd meringue stacks

People with Down Syndrome

Ingredients

- 2 eggwhites
- 1/2 cup caster sugar
- 1 cup frozen raspberries, thawed
- Gluten-free icing sugar mixture, to serve

Lemon curd

- 2 egg yolks
- 2 eggs
- 2/3 cup caster sugar
- 2 tsp finely grated lemon rind
- 1/3 cup lemon juice
- 100g butter, chopped





Directions Step 1

Preheat oven to 140°C/120°C
 fan-forced. Line 2 large baking
 trays with baking paper. Mark
 eight 6.5cm circles on each
 piece of baking paper.

Step 2

- Using an electric mixer, beat eggwhites until stiff peaks form.
- Add sugar, 1 teaspoon at a time, beating until dissolved.
 Spoon mixture into a piping bag fitted with a 1cm nozzle.
- Starting from the centre, pipe a 6.5cm spiral in each marked circle.
- Bake for 15 minutes or until firm. Turn off oven. Cool in oven with door ajar.



Gluten-free lemon curd meringue stacks

People with Down Syndrome

Step 3

- Make lemon curd: Place egg
 yolks, eggs, sugar, lemon rind
 and lemon juice in a heavy-based
 saucepan.
- · Whisk to combine.
- Add butter.
- Place over medium heat.
- Cook, whisking, for 7 to 8 minutes or until butter is melted and mixture coats the back of a spoon.
- Remove from heat. Stand for 5 minutes.
- Pour into a bowl. Cover surface with plastic wrap.
- Set aside to cool.



Step 4

- Place one meringue disc onto each plate.
- Top each with 1
 tablespoon lemon curd
 followed by remaining
 meringue disc.
- Dollop 1 tablespoon remaining lemon curd on each.
- Top with raspberries.
 Serve.

