

Ingredients

- 1/3 cup (70g) white chia seeds
- 400ml can light coconut milk
- 1/4 cup (60ml) agave syrup or maple syrup
- 2 mandarins, peeled, segmented
- 250g strawberries, quartered



Directions

Step 1

- Combine the chia seeds, coconut milk and 2 tbs of the agave syrup or maple syrup in a medium bowl.
- Cover with plastic wrap.
- Place in the fridge for 6 hours or until the mixture thickens.



Coconut Chia Pudding

Step 2

- Combine the mandarin and strawberry in a bowl.
- Add the remaining agave syrup or maple syrup and stir to combine.
- Set aside for 30 mins or until the strawberry releases its juice.

Step 3

- Spoon the chia mixture among serving bowls or glasses.
- Top with the strawberry mixture.

