

Club 21 Online - December 2020

		Week 1						
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		30-Nov	1-Dec	2-Dec	3-Dec	4-Dec	5-Dec	6-Dec
AM					10:30 - 11:30 am Morning Yoga Class Melinda teaches Hatha Yoga. Strengthen your body, relax your mind		11:00am - 12:00pm Craft Class Nicole will teach us how to make a Flower Lei	
PM	02:00 - 03:00 pm Music Music 4 All with Merrill: We'll do some singing, play music games, play instruments, make recordings	02:00 - 04:15 pm Small Group Chats Chat Group #1 02:00 pm Chat Group #2 03:15 pm		02:00 - 03:00 pm Trivia FREE ACTIVITY!! Test your Knowledge	02:00 - 03:00 pm Bingo Who will be this week's champion?			
		04:30-05:30pm Zumba! Energetic Zumba class with Catalina.	5:15 - 06:15 pm Exercise Class Popular exercise class with Kristian				08:00 - 09:00 pm Online Disco - It's Summer! Beach Party Theme Celebrate Summer in our Beach party Disco!	

		Week 2						
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		7-Dec	8-Dec	9-Dec	10-Dec	11-Dec	12-Dec	13-Dec
AM					10:30 - 11:30 am Morning Yoga Class Melinda teaches Hatha Yoga. Strengthen your body, relax your mind		11:00am - 12:00pm Christmas Craft Class FREE ACTIVITY!! Nicole is back with another activity. We are going to be making something Christmas themed	
PM	02:00 - 03:00 pm Music Music 4 All with Merrill: We'll do some singing, play music games, play instruments, make recordings	02:00 - 04:15 pm Small Group Chats Chat Group #1 02:00 pm Chat Group #2 03:15 pm		02:00 - 03:00 pm Scavenger Hunt Search for household items where you live. This is super fun!				
		04:30-05:30pm Zumba! Energetic Zumba class with Catalina.	5:15 - 06:15 pm Exercise Class Popular exercise class with Kristian		04:30 - 05:30pm Beverage Tasting The replacement session for November 27. We will taste beer/cider or non-alcoholic options		08:00 - 09:00 pm Online Disco - Fun Fair Theme Celebrate summer fairs, circuses and festivals in this fun Disco	

Club 21 Online - December 2020

		Week 3						
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		14-Dec	15-Dec	16-Dec	17-Dec	18-Dec	19-Dec	20-Dec
AM					10:30 - 11:30 am Morning Yoga Class Melinda teaches Hatha Yoga. Strengthen your body, relax your mind			
PM	02:00 - 03:00 pm Music Music 4 All with Merrill: We'll learn music theory, do some singing, play instruments, make recordings	02:00 - 04:15 pm Small Group Chats Chat Group #1 02:00 pm Chat Group #2 03:15 pm			No activity this afternoon	02:00 - 03:00 pm Karaoke Sing together to your favourite songs, 1 song each	12:20 - 02:20 pm Pub Lunch at Auburn Hotel Pub Lunch! Session 1 We have booked the beer garden outside. Maximum 20 participants	12:20 - 02:20 pm Pub Lunch at Auburn Hotel Pub Lunch! Session 2 We have booked the beer garden outside. Maximum 20 participants
		04:30-05:30pm Zumba! Energetic Zumba class with Catalina.	5:15 - 06:15 pm Exercise Class Popular exercise class with Kristian				08:00 - 09:00 pm Online Disco - CHRISTMAS DISCO!! Merry Chirstmas everyone! The last online disco for 2020	

For beverage tasting bring: * Water to drink *Snacks to eat * 4 clear empty glasses (we will pour a small amount of beer/non-alcoholic drink into a glass to taste it) * A pen (we will have a worksheet to record our tasting notes)