



## Club 21 online and face to face - May 2021

		Week 1						
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		3-May	4-May	5-May	6-May	7-May	8-May	9-May
AM					10:30 - 11:30 am <b>Morning Yoga Class</b> Melinda teaches Hatha Yoga. Strengthen your body, relax your mind			
PM			02:00 - 04:15 pm <b>Small Group Chats</b> Chat Group #1 02:00 pm Chat Group #2 03:15 pm		02:00 - 03:00 pm <b>Bingo</b> Who will be this week's champion?	02:00 - 03:00 pm <b>Trivia</b> Test your knowledge!		
		04:30-05:30pm <b>Zumba!</b> Energetic Zumba class with Catalina.		4:00 - 05:00 pm <b>No Exercise Class today</b> <b>FREE ACTIVITY!!</b> <b>Mother's Day Craft Class</b> with Kath. Make Mum a cute note holder and also a bookmark			08:00 - 09:00 pm <b>Online Disco - Mother's Day theme</b> <b>Ask Mum to dance!</b>	

		Week 2						
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		10-May	11-May	12-May	13-May	14-May	15-May	16-May
AM					10:30 - 11:30 am <b>Morning Yoga Class</b> Melinda teaches Hatha Yoga. Strengthen your body, relax your mind			
PM	02:00 - 03:00 pm <b>Music</b> Music 4 All with Merrill: We'll sing, play music games, play instruments, perform at Family Fun Day!	02:00 - 04:15 pm <b>Small Group Chats</b> Chat Group #1 02:00 pm Chat Group #2 03:15 pm			02:00 - 03:00 pm <b>Movie Review</b> <b>FREE ACTIVITY!!</b> This month's theme is <b>Musicals! Your Homework:</b> watch your favourite Movie Musical			01:30pm - 04:30pm <b>Club21 Eastside Bowling</b>  <b>Ozpin Tenpin Bowling at Chirnside Park</b> We will play two games of Bowling. There is a café at Ozpin and if there is time we can play pool, put music on the jukebox, or play arcade games! Cost \$24
		04:30-05:30pm <b>Zumba!</b> Energetic Zumba class with Catalina.	04:30-05:30pm <b>Zumba!</b> Energetic Zumba class with Catalina.	5:15 - 06:15 pm <b>Exercise Class</b> Popular exercise class with Kristian. Get fit with Club21!		04:30pm - 05:30pm <b>After work drinks and dancing</b> Had a long week back at work? Catch up with your mates afterwards. Bring something to eat and drink to your	08:00 - 09:00 pm <b>Online Disco - Superheros theme</b> <b>Who's your favourite superher? Dress up, find a song, it will be MARVELlous!</b>	

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		Monday	Tuesday	Wednesday	Week 3		Friday	Saturday	Sunday
		17-May	18-May	19-May	20-May	21-May	22-May	23-May	
AM					10:30 - 11:30 am <b>Morning Yoga Class</b> Melinda teaches Hatha Yoga. Strengthen your body, relax your mind		10:00am - 04:00pm <b>The Funky Farm!!</b> We're heading to the Mornington Peninsula to see and interact with all kinds of Australian animals! You might get to pet a dingo! <a href="http://www.thefunkyfarm.com.au">www.thefunkyfarm.com.au</a> we will take a mini van to this activity Cost: \$20 and BYO picnic lunch		
PM			02:00 - 04:15 pm <b>Small Group Chats</b> Chat Group #1 02:00 pm Chat Group #2 03:15 pm		02:00 - 03:00 pm <b>Scavenger Hunt</b> Search for household items where you live. This is super fun!				
	02:00 - 03:00 pm <b>Music</b> Music 4 All with Merrill: We'll sing, play music games, play instruments, perform at Family Fun Day!	04:30-05:30pm <b>Zumba!</b> Energetic Zumba class with Catalina.	5:15 - 06:15 pm <b>Exercise Class</b> Popular exercise class with Kristian. Get fit with Club21!		04:30pm - 05:30pm <b>Karaoke with Seb!</b> <b>FREE ACTIVITY!!</b> Sing together to your favourite songs, 1 song each		08:00 - 09:00 pm <b>Online Disco - Rock 'n' Roll theme</b> 		

		Monday	Tuesday	Wednesday	Week 4		Friday	Saturday	Sunday
		24-May	25-May	26-May	27-May	28-May	29-May	30-May	
AM					10:30 - 11:30 am <b>Morning Yoga Class</b> Melinda teaches Hatha Yoga. Strengthen your body, relax your mind				
PM	02:00 - 03:00 pm <b>Music</b> Music 4 All with Merrill: We'll sing, play music games, play instruments, perform at Family Fun Day!	02:00 - 04:15 pm <b>Small Group Chats</b> Chat Group #1 02:00 pm Chat Group #2 03:15 pm						02:00 - 05:00 pm <b>Holey Moley Golf!</b> Teeing off around 2pm, we'll do the craziest round of mini golf in town! Cost: \$18 for 9 holes	
		04:30-05:30pm <b>Zumba!</b> Energetic Zumba class with Catalina.	5:15 - 06:15 pm <b>Exercise Class</b> Popular exercise class with Kristian. Get fit with Club21!	04:30 - 05:30 pm <b>Q&amp;A</b> <b>FREE ACTIVITY!!</b>	04:30 - 05:30 pm <b>Beverage Tasting and Snacks</b> We will try alcoholic or non-alcoholic drinks ~\$25-\$30 including shipping. Alcohol-free, fancy drink option available		08:00 - 09:00 pm <b>Online Disco - Latin Fiesta theme</b> <b>Brighten up the cooler nights with a Latin theme Club21 disco!</b>		

For beverage tasting bring: \* Water to drink \*Snacks to eat \* 4 clear empty glasses (we will pour a small amount of wine/fancy drink into a glass to taste it) \* A pen (we will have a worksheet to record our tasting notes)