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March Highlights at Down Syndrome WA

March has been an exciting month, as we prepared for World Down Syndrome Day celebrations. The calendar for 2025 was once again filled with a range of meaningful activities. Across Western Australia, landmarks illuminated in blue and yellow to raise awareness about Down Syndrome and the importance of inclusion in our community. A heartfelt thank you to all the venues that participated, especially those in regional WA. A special shout-out goes to the Shire of Three Springs for their impressive projection onto the Grain Silos — it was spectacular.



We are very fortunate to have His Excellency the Governor of Western Australia, and Mrs. Dawson, as joint patrons of Down Syndrome WA. On Friday, March 21st, a select group of guests gathered at Government House to celebrate World Down

Syndrome Day with His Excellency and Mrs. Dawson. It was a memorable morning, filled with thoughtful and heartfelt speeches from His Excellency, our Chairperson Nia Parker, and Down Syndrome WA Advisory Network Chair Andrew Denton. Being invited to Government House is a significant honour, and over the past three years, various different DSWA families have been welcomed to enjoy a morning with our Patrons. We extend our deepest gratitude to His Excellency, Mrs. Dawson, and the staff at Government House for their support of our community.

A Day for Families and Community Connection

Saturday saw the wonderful Family Picnic, a cherished event for our community. Unfortunately, I was unable to attend due to illness, but the photographs tell the story of a fantastic day. Events like the Family Picnic, Step Up, and the Christmas Party are invaluable for creating connections, fostering friendships, and spreading positivity, particularly for young families. We encourage all members to attend these gatherings, and it would be fantastic to see more of our teen and adult members participating. Together, we are stronger and your attendance increases the depth and breadth of experience as families in our community.

Advancing Employment Opportunities

This month, I attended a full-day summit on employment for people with disabilities, hosted by the Disability Assembly of WA. It was an inspiring day, surrounded by individuals with disabilities, sector staff, and policymakers. While Down Syndrome WA's employment program continues to grow and achieve success, the overall progress in shifting the culture of disability-inclusive employment remains unchanged since the last summit in 2022.

If you are a business owner or work within an organization open to exploring employment opportunities for people with disabilities, please reach out to our Employment Team. As leaders in this space, we must continue to encourage new opportunities for our community members.

Life Skills Lab: We Value Your Input

The co-design phase of the Life Skills Lab project is well underway. To date, we have received 29 responses from families and adults with Down Syndrome, but we would love to hear from more members of our adult cohort. Your feedback is essential in shaping the topics of interest for this exciting project, and we encourage you to complete the survey if you haven't already. <https://forms.office.com/r/GXXLrD4sPA>

Exciting News: DSWA Choir Proposal

We are delighted to have received a proposal from a community member for a DSWA Choir. Keep an eye out for more details in the coming months! We will be sending out a survey to gauge interest in joining the choir. Importantly, we are seeking sponsorship or grants to establish and cover the choir's expenses, with an anticipated launch in early 2026.

Farewell and Gratitude to Stephanie Bryant

It is with mixed emotions that we bid farewell to Stephanie Bryant, our exceptional Employment Coordinator, who has been an integral part of the DSWA team for the past two years. Steph's dedication and hard work have made a lasting impact, and we are grateful for her contributions. We wish her all the best as she returns to her passion in public relations and marketing. We will be announcing Steph's replacement in the coming week.

DSWA Peel Region Launch in Mandurah

March also saw the successful launch of the DSWA Peel Region, with a wonderful event at the Mandurah Performing Arts Centre. A huge thank you to the City of Mandurah for hosting us at this beautiful venue. A huge thank you to Telethon7Perth for their support of the DSWA regional outreach program. We look forward to launching the Wheatbelt region in May.

As we close out March, I want to express my gratitude to our team, sponsors, patrons, and board for their ongoing support and commitment to the WA Down Syndrome community. Your involvement is invaluable, and together we continue to build a stronger, more inclusive future.

Looking Ahead: The 6th Annual Gala Dinner - 3 May 2025

With April and May now upon us, we are gearing up for the 6th Annual Gala Dinner. If you haven't purchased your tickets yet, now is the time! There is only one full table left, but there are still seats available at various tables. Let's work together to sell out all 380 seats for this incredible event. The Gala is a true celebration of our members, and we are excited to announce that members of the Down Syndrome WA Advisory Network (DSWAAN) will be acting as MCs this year. We can't wait to see you there! Bookings: <https://www.trybooking.com/CXYJW>

Hand in Hand Crossing Sunday 6th April. I was very fortunate to attend the first Hand in Hand crossing and it was such a powerful and joyful event. Whether you have an interest in football or support disability inclusion, I urge you to come along. For those that may not be attending with another group, we will all gather together and walk over the bridge together.

Cassandra

Cassandra Hughes
CEO



Join Australian of the Year - Neale Daniher for the "Hand in Hand – Crossing for Inclusion".

The WA All Abilities Football Association, Purple Hands Foundation, and Fremantle Dockers, invite the WA community to come together in a show of support for

disability inclusion in sport and across the entire community, at the Hand in Hand – Crossing for Inclusion.

To be held 12pm on Sunday 6 April, before the Round 4 game between the Fremantle and the Western Bulldogs, we invite you to join together to cross Matagarup Bridge, “Hand in Hand” in a symbol of connection, friendship, and unity to highlight and reinforce that every West Australian is valued in football and valued in our communities.

This year, we are honoured 2025 Australian of the Year, Neale Daniher AO, will lead the way as a special guest, making this year’s crossing even more powerful.

To reserve your place at this historic event please, [RSVP here](#).



*Shine a Light on
Disability Inclusion*

6 APRIL, 2025 / 12.00PM
MATAGARUP BRIDGE

With special guest
Australian of the Year Neale Daniher



DSWAAN

Introducing the Down Syndrome WA Advisory Network - we call them the DSWAAN.



Down Syndrome WA Advisory Network

Hello, my name is Andrew Denton and I am the Chairperson of the DSWAAN. I have been working alongside, Patrick, Adam, Brooke, Matilda, Jessica, Rachel and Naomi for about 7 months. We are the voice of people with Down syndrome. We give advice to the board and Cassandra our CEO



DSWAAN

who works
with us.



L to R: Andrew, Adam, Jessica, Patrick, Brooke, Rachel, Naomi and Matilda.

Meetings & Association Notes

Upcoming Board Meetings

29th April
17th May
23rd June
21st July
18th August
22nd September

Contacting the DSWA Team

With changes to staff, our location and the number of communication channels DSWA offers, we want to update you on the best way and people to contact.

The DSWA office is open Monday to Thursday from 8.30am - 4.00pm. If a program is running out of hours there will always be a contact listed for that program with a phone number.

Our CEO's phone number is always available on our website in case of emergencies.
- <https://www.downsyndrome.org.au/wa/about-us/our-team/>

Contacting staff via personal messenger, or by sending messages to private emails and phone numbers can slow down our service to you and also may connect with the wrong staff member or a staff member who is not at work that day.

The DSWA team, other than our CEO all work part time or casually. The government has brought in new laws that ensure that workers can disconnect from work, allowing

them to have their time off, free of work concerns. It is called the Right to Disconnect.

I would ask all members to respect the staff's working hours – 8.30-4.00pm daily for staff. Any URGENT after-hours enquiries should be directed to our CEO.

If you're not sure who to contact, please send it to our admin team, and you're message will be forwarded to the most appropriate person – admin@downsyndromewa.org.au or 08 6182 3690.

The days the office and administration emails are not monitored are Friday, Saturday and Sunday. Your enquiries will be answered as quickly and efficiently as possible on a working day.

Thank you for supporting our staff to ensure you get the best service possible and they are able to have their time away from work, uninterrupted by DSWA matters.

Following these channels helps us to do our best work for you, most efficiently.

Any questions or comments, please direct to Cassandra.

Who to reach out to:

Family Support 0-17years

The family support team can be reached at familysupport@downsyndromewa.org.au. They support new and existing families, pre and post natal support and manage and monitor, Playgroups, Kids Club and Friends for Life.

You can reach the Family Support Team on 08 6182 3690.



Who are the
Fams Team:
Nikki
Paula
Zali

Family Support 18+ years

Our CEO is still the go to contact for support for adults.

You can reach Cassandra at
ceo@downsyndromewa.org.au phone
0432 407 527

**NEW Life Skills Lab project for those 16+ years**

Alyssa is the coordinator of the Life Skills Lab project. You can reach Alyssa on
adultsupport@downsyndromewa.org.au

Employment Programs, workshops and opportunities.

The Employment team is currently Steph and Zali - you can reach the team
via employment@downsyndromewa.org.au

Enquiries about the Enews, socials or other communications

Please send to admin@downsyndromewa.org.au



3 April PCH Outreach	4 April Playgroup North	6 April Cooking Class Kids Club
7 April Playgroup South	10 April Barista Course	10 April PCH Outreach
11 April Playgroup North	13 April Social Sailing Teens and Adults	14 April Playgroup South
17 April PCH Outreach	21 April Playgroup South	3 May Gala Dinner 2025!
9 May Mothers Day Paint and Sip	14 May Parents & Bubs Morning Tea	Term 2 Playgroup East starts

DSWA Gala 2025

With 5 1/2 weeks to go, the DSWA Gala dinner tickets are 77% Sold. There are just 84 tickets across the whole venue. There is one full table (table 12) available for your business, group or family. Don't miss out on this amazing night of nights. Book on Trybooking

Book your tickets now - <https://www.trybooking.com/CXYJW>



Down Syndrome WA
6th Annual Gala Dinner 2025

Theme
The difference support makes

**Come and join us for a night of fun, celebration
and dancing with the DryCleaners Band.**

Date: Saturday 3 May

Time: 6.30-11.30pm

Venue: Pan Pacific

Tickets:

\$115 Person with Down syndrome

\$175 all other guests

**Scan code
to book**



Celebrating the value of Community



We celebrated World Down Syndrome Day with our annual Family Picnic, morning tea at Government House and WA lit up in blue and yellow for the night.

DSWA celebrated World Down Syndrome Day with morning tea at Government House. Governor Chris Dawson and his wife Darrilyn are joint-patrons of Down Syndrome Western Australia. The morning began with a speech from Governor Chris Dawson, then DSWA Board Chair Nia Parker spoke, and this was followed by a speech from DSWAAN chair Andrew Denton.

See the official photos and read the full article on the Government House website - <https://govhouse.wa.gov.au/2025/03/world-down-syndrome-day-celebrated-at-government-house/>



The DSWA community enjoyed a lovely picnic at Perry Lakes Reserve celebrating loved ones with Down Syndrome.

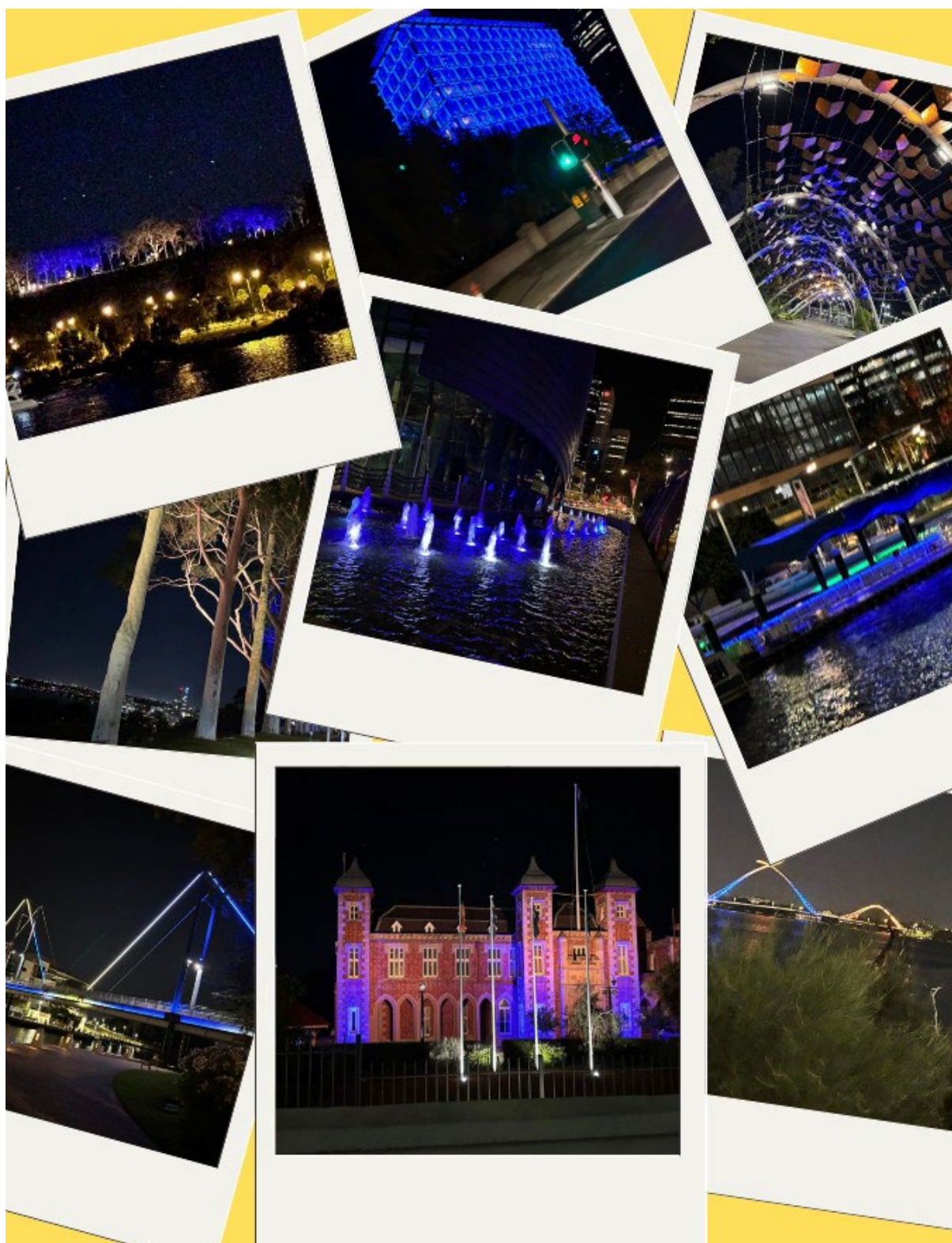
It was a great opportunity for our members, old and new, to connect.



Western Australia lit up for World Down Syndrome Day!

More than 40 Perth and regional landmarks lit up to highlight World Down Syndrome Day.

Did you local landmarks light up? Send us your photos at admin@downsyndromewa.org.au



Clinical Care & Research Article

A collaborative study between The University of Western Australia, Perth Children's Hospital, The Kids Research Institute Australia and Down Syndrome WA, has identified the top priorities, according to patients and carers, for clinical care and research for children with the genetic condition.

Down Syndrome WA (DSWA) is incredibly proud to have been part of this groundbreaking collaboration that produced the recent research paper on prioritising care for individuals with Down syndrome.

While the focus of this research is on enhancing care and addressing the needs of our community, we would like to take a moment to recognize the invaluable contributions of our team, particularly Nikki and Cassandra .







Nikki Schwagermann, our Senior Family Support Coordinator, played a pivotal role from the outset. She was involved in early discussions about respiratory conditions and, through her deep understanding of our community's needs, highlighted other critical priorities that shaped the direction of this research. As both a parent and a dedicated DSWA staff member, Nikki's insights and active participation were instrumental in ensuring that the research truly reflected the lived experiences of families.

Cassandra Hughes, our CEO, also made significant contributions as a community member. She attended numerous meetings, collaborated on research, and workshopped the priorities that would eventually lead to the top 100 and, ultimately, the Top 10 priorities for Down syndrome care.

We encourage you to read more about this important research and its outcomes here: [UWA Media Release](#).

Thank you the amazing research team for their collaboration and dedication to bringing this to fruition!

Top 10 patient and carer priority list for research and clinical care for people with Down syndrome

	1	Developing a gold standard model of care or best practice care including screening health checks and spanning primary and secondary care
	2	Sleep quality including obstructive sleep apnoea, snoring, breathing problems and circadian rhythm
	3	Investigating acute care problems including acute infections such as sepsis
	4	Improving respiratory health and management of chronic lung disease, rhinitis and sinusitis
	5	Perioperative risk stratification and optimisation including safer anaesthesia, preoperative fasting and opioid sensitivity
	6	Diagnosis and treatment of autoimmune diseases, immune response including response to vaccines
	7	Diagnosis, management and treatment of ADHD/ASD plus mental health issues for children with Down syndrome or Trisomy 21
	8	Pain assessment tools and the management of pain and anxiety
	9	Neck issues, including atlantoaxial instability development and screening
	10	Coping and resilience tools for medical interactions

ADHD, attention-deficit/hyperactivity disorder; ASD, autism spectrum disorder.



Fraser and Harrison

Harrison shared his story about why he is fundraising for DSWA in the HBF Run for a Reason.

My name is Harrison, and I have had the privilege of growing up with my younger brother, Fraser, who lives with Down syndrome. He is five years younger than me.

Growing up with Fraser was a life-changing experience. It opened my eyes to the dedication and effort that families of people living with disabilities give, as well as the incredible impact of the support and advice from DSWA. Nothing fully prepares a family for raising a child living with Down syndrome, but having DSWA as a resource provides real peace of mind.

The saying "It takes a village to raise a child" rings especially true when I think about the many people who have supported Fraser on his journey to becoming the young man he is today.

The work DSWA does is invaluable to people living with Down syndrome and their families. I'm proud to give back and raise money for this worthy cause. People living

with Down syndrome are warm, caring, and bring joy to everyone they meet. Helping them achieve their goals and access the support they need is truly meaningful and a very worthy cause.

You can support Harrison in the HBF Run for a Reason at <https://runforareason25.grassrootz.com/dswa/harrison-cousins>



Mothers Day - Paint and Sip

Mums, It's Your Time to Shine!

Join us for a Mother's Day Paint & Sip evening, exclusively for our community members! Whether you're a mum of little ones or have grown-up kids, this night is for YOU! It's a child-free evening filled with laughter, creativity, and a little wine!

Date: Friday, May 9th, 2025

Time: 6:00 PM - 8:00 PM

Location: Lesser Hall, 24 View Street, North Perth

Let's connect, relax, and celebrate YOU — because all mums deserve a break, no matter the stage!

RSVP here by April 24th: <https://www.trybooking.com/DAJKV>

Please note: This is a non-refundable event as all fund will be going towards resources for the night.

Down Syndrome WA Mothers Day Paint and Sip

Come along for a night of relaxing
kids free time, meeting other mums
in the community and creating your
own piece of art work

BYO- Drinks and a plate of nibbles to share

 **Lesser Hall
24 View St North Perth**

 **FRIDAY MAY 9TH**

 **6pm to 8pm**

 **\$25 per person**



Family Support



This month has been filled with new connections and meaningful support. Our Family Support Team has responded to numerous referrals and calls, with Nikki and Paula welcoming multiple new babies and their families into the Down Syndrome WA community. This support has included important visits to the hospitals, homes and NICU, offering guidance and comfort to families during these critical early days.

The first morning tea was a huge success with 7 families joining our family support team Paula and Nikki. We welcomed 4 brand new families which this was their first event with DSWA. We put on Tea, Coffee and Morning tea and providing families with information pack. It was so amazing to hear everyone sharing their stories and experiences and see connections happening with the new parents.

PCH Outreach

Don't forget, Thursday is PCH Outreach day!

If you are at Perth Childrens Hospital as an inpatient on the ward, or just there for an appointment, make sure you let Nikki know by emailing familysupport@downsyndromewa.org.au or calling 0480 311 739.

I look forward to supporting you and buying you a coffee.

Regional Outreach

It was exciting to launch our fourth region in Peel on 27th February. We were joined by members of the DSWA community, board members, City of Mandurah staff and councilors. We look forward to expanding our services in the Peel area.

Thanks to [Scrapheap Adventure Ride](#) for supporting the launch of our new region. Thanks also to the amazing staff at [Mandurah Performing Arts Centre](#) Julie and Danielle for their hospitality. Lastly thanks to the wonderful photographer Veronika [Veronika Sajova Photography](#).

To see more photos from the event go here -
> <https://www.facebook.com/share/p/19sdYaEwPR/>



Regional Outreach Survey

DSWA has some funds remaining in a Regional Activity Grant that we would like to use to provide an activity, event, workshop or other in your region. To help us make a good decision and best use of the funds we would love your help. In you live in regional WA, please complete the survey.

<https://forms.office.com/r/ztVGDQp8uF>

Join your region here:

DSWA Great Southern Support Group

<https://www.facebook.com/groups/562813961781133>

DSWA South West Support Group

<https://www.facebook.com/groups/677923213272854>

DSWA Midwest Support Group

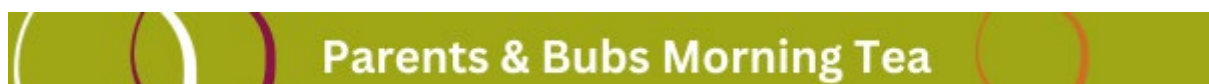
<https://www.facebook.com/groups/2502984533353870>

DSWA Peel Support Group

<https://www.facebook.com/share/g/fUhrnQvNdyS11U3Q>

DSWA Regional Rural and Remote Support Group

<https://www.facebook.com/groups/357663433068076>



Are you a parent of a little one aged 0-2 with Down syndrome? (including 2 year olds) Join us for a warm and welcoming morning tea hosted by Down Syndrome

WA's Family Support Team. A representative from Wanslea, NDIS's Early Childhood Approach partner, will also be joining us. Bring along all of your NDIS questions.

Whether you're a first-time parent or adding to your family, we invite you to connect with other families in a relaxed and supportive environment. Share stories, sip on hot coffee, and foster connections with fellow parents who understand the journey you're on.

This morning tea is an opportunity to come together, share experiences, and offer support within our wonderful community. We're here to provide a listening ear, valuable resources, and a sense of belonging as you navigate this new chapter.

Register for free at: <https://www.trybooking.com/CZYWF>

Parents & Bubs

Whether you're a first-time parent or adding to your family, we invite you to connect with other families in a relaxed and supportive environment.

DATE Wednesday, May 14th

TIME 10am- 12pm

VENUE Belmont Hub
213 Wright Street,
Cloverdale

RSVP <https://www.trybooking.com/CZYWF>

Joined by:
Wanslea's Early
childhood approach
staff member



Playgroup East

Exciting News!

We have some fantastic news to share! Thanks to a Community Contribution Fund Grant from the City of Belmont, DSWA is thrilled to launch an East Playgroup starting in Term 2!

This fun-filled monthly playgroup will be held at the Rivervale Community Centre, and the wonderful Anita will be leading the way!

Mark your calendars! Here are the dates:

- 8th May
- 5th June
- 3rd July
- 7th August
- 4th September
- 25th September
- 16th October
- 6th November
- 4th December

Join us for fun, laughter, and connection as we build a welcoming space for little ones and their families. We can't wait to see you there!

Stay tuned for more details—we're so excited to play, learn, and grow together!



Down Syndrome WA East Playgroup!

We are excited to announce that a new
Playgroup will be starting in Rivervale
for our members living in the
East metro area.

Venue: Rivervale Community Centre
Launch date: May 8th, Thursday
Time: 9.30-11.30



Playgroups



Playgroup South

What an awesome March we've enjoyed at Playgroup South. The fabulous Sensorium theatre have had us going on a bear hunt.

We've also celebrated World Down Syndrome day with our blue and yellow biscuits and costumes.

We've welcomed new members and had lovely conversations over morning tea xx

Renee and Nicole
playgroup@downsyndromewa.org.au



Playgroup North

Playgroup North has had a Magnificent March!

Our families had some fun water play with our PVC Carwash set up and had huge smiles on their faces as they washed their Cozy Coupes, we have celebrated Harmony Day with hand painting and flag making and danced our shoes off in blue and yellow during our World Down Syndrome Day celebrations.

We will be finishing off Term One learning about Our Bodies, Nature and Easter including a cool obstacle course, family tree creations and a very colourful Easter egg hunt.

Hope to see you there!

Karina and Anita
playgroup@downsyndromewa.org.au



Kids Club

Supported by



The Kids Club had a morning of yoga for our March event. Although our class runner could not attend (courtesy of a flat tire), we were adaptive and still had plenty of fun with Cosmic Yoga. Afterwards kids enjoyed a playground play whilst families had a chance to catch up. It was exciting to welcome new faces to the Kids Club. The next Kids Club event is a cooking class with Debbie from Parties for Friends.

Date: Sunday the 6th of April

Time: 10:30am-1:00pm

Location: Reabold Tennis Club

Price: Members with DS Free, \$5 per sibling

Book here: <https://www.trybooking.com/DADTP>

If you have a child aged 5 to 11 with Down syndrome and would love to connect with other families to encourage peer relationships, social skills and networking for

parents, please contact Siobhan Painter at kidsclub@downsyndromewa.org.au for registration details.



Teens and Adults

April event

Join us for a morning of sailing!

We are excited to invite you to an accessible sailing event hosted by Sailability WA. Whether you're new to sailing or experienced, this is a great chance to get on the water and have some fun!

Date: Sunday, April 13th

Group 1: 10:00 AM - 11:00 AM (Morning tea afterwards)

Group 2: 11:00 AM - 12:00 PM (Morning tea and chat before sailing)

Location: Royal Perth Yacht Club

No sailing experience needed! Volunteers will be there to help and guide you every step of the way.

What to expect:

- Arrive by 9:30 AM for check-in
- Learn some sailing basics with our friendly volunteers
- Get on board and enjoy the wind in your sails!

Please let us know if you need any support boarding the boat or are bringing a support person.

Book your spot here: <https://events.humanitix.com/social-sailing-sunday-with-down-syndrome-wa-and-sailability-wa-9tcj7v9n>

This event will be run by Sailability WA so please make sure you book through their Humanitix booking link.

Come along and experience the joy of sailing in a welcoming, accessible space!

Don't forget to bring sailing appropriate clothes!

Social Sailing

Join us for a morning sail in our accessible keelboats. We will have 3 accessible keelboats available for participants to try out sailing!

Not sure what a keelboat is, we will show you.



Please note:

Each participant must bring their own support person who stays with them the whole time.

Support person can include any of the following - parents/carer/sibling/support worker etc

DATE Sunday 13 April 2025

TIME 9.30am to 12.30pm

VENUE Royal Perth Yacht Club
Crawley, Australia

RSVP Humanitix link



Down Syndrome
Western Australia

March Event

Our Friends for life and Aim high members had a great day at the Zoo for the March event. They enjoyed an education session where they were able to pat snakes and lizards.

It was Superhero day at the Zoo and everyone was excited to see all of the Superheroes and take some photos with them.



Aim High Events



Sailability Sunday April 13th

Come and sail with us! We still have a few spots open. You'll sail on boats that are easy to use, with volunteers to help. Don't worry if you've never sailed before! You can RSVP via the link



EXERCISE PHYSIO

Saturday May 24th (afternoon)

Move, Learn, Get Stronger!
This is not just a class—it's fun, active, and teaches you how your body moves. Get ready to grow stronger and learn new things! 💪

Come get fit!



Movie Event

Sunday June 29th (afternoon)

A whole association movie night at Reading Cinema to watch.....

HOW TO TRAIN YOUR DRAGON
(live action!)



Bring along a friend!
They don't have to be part of the association!

FRIENDS 4 LIFE EVENTS



SAILABILITY Sunday April 13th

Come sail with us! Limited spots available. Experience the thrill of sailing in accessible keelboats, guided by expert volunteers – no experience necessary. Book with the [RSVP link](#)



EXERCISE PHYSIO

Saturday May 24th

🔥 Move, Learn, Level Up! 🔥

This isn't just a class—it's action-packed, hands-on, and all about how your body works when you move 💪

Come have fun!



DISCO Friday June 6th

SAVE THE DATE
Details to be confirmed

MOVIE EVENT Sunday June 29th (afternoon)

A whole association movie event at Reading Cinema to watch.....

HOW TO TRAIN YOUR DRAGON (live action!)

You can bring your family and your best mates too

This guy but real!

Watch the trailer for the movie with the [link](#)



How to Train Your Dragon trailer

- https://youtu.be/22w7z_IT6YM?si=DKJCLhvehMCIvvkX



Hi everyone!

It has been a great first month for me here at DSWA. I have got the opportunity to meet so many of you already.

We have sent out our pre-forum surveys for the The Life Skills Lab – Empowering Pathways to Independent Lives. If you have not shared your valuable thoughts with us, please click on the links below;

✂ For Parents, Caregivers & Guardians:

🔗 <https://forms.office.com/r/GXXLrD4sPA>

✂ For Participants with Down Syndrome (can be filled out alone or with support):

🔗 <https://forms.office.com/r/A2ymehQ7KB>

Keep a lookout for more exciting things happening in this space! A lot of things are already in the works

Best,

Alyssa

adultsupport@downsyndromewa.org.au



Support DSWA by saving your cans and containers!

When you recycle your containers for change, enter our scheme ID: C10325047 and support DSWA.

Did you know you can fundraise
for Down Syndrome WA, just by
recycling your containers?



Recycle your containers
at any
Containers for Change
depot and

Enter our Scheme ID

Its that simple!

SCHEME ID: C10325047



Right to Work

Down Syndrome Australia have launched a Right to Work campaign.

Imagine working every day but earning less than the cost of your morning coffee per hour. That is the reality for many people with Down syndrome in Australia, who are legally paid as little as \$3 an hour.

This has to change.

Today, we're launching our Right to Work campaign, and we need your help to spread the word.

Here's what we're asking for:

- Phase out the \$3 wage
- Fund programs that work
- Make the Disability Support Pension work for workers

In the past 18 months, we've helped 84 people with Down syndrome secure jobs across the country – and they're thriving! But we need to do more to ensure decent jobs and fair pay for everyone.

Visit our website to learn more about our asks and sign the petition: <https://buff.ly/bfsWDOC>

Please share our campaign to help us spread the word and make real change happen!



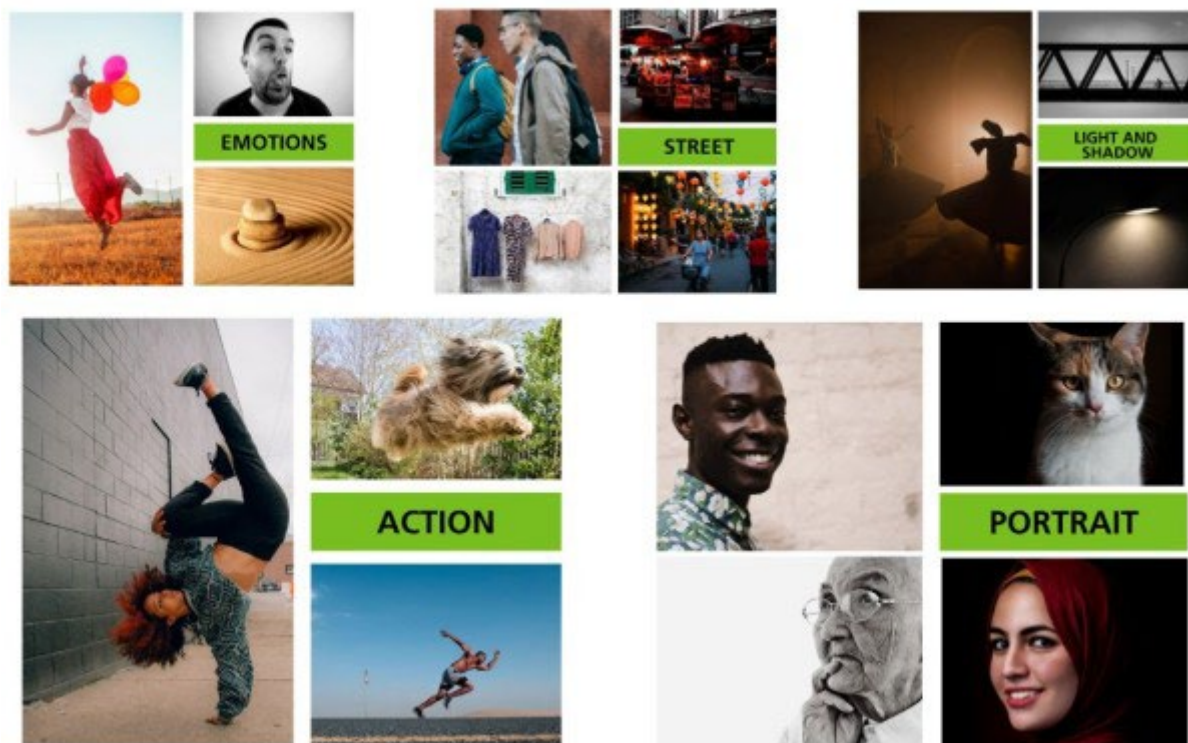
My Perspective 2025 is now open!

It is an international photography and film competition for people who have Down's syndrome. Show people how you see the world and tell your story through the power of photography.

Since 2010, outstanding images by photographers from around the globe have been celebrated in this unique contest that enables people who have Down's syndrome to show us how they see the world.

<https://www.downs-syndrome.org.uk/our-work/our-voice/my-perspective/>

5 EXCITING PHOTO CATEGORIES



Free Artist Studio

The Fremantle Arts Centre (FAC) is offering a free studio for disabled artists, artists with a disability, neurodivergent artists, and artists with lived experience of disability. The studio is designed to be inclusive and accessible for all artists.

See all the details at: <https://www.fac.org.au/studio-2-eoi/>

Apply by: Friday 11 April



Come and Try All Abilities Rugby!

WANNEROO RUGBY CLUB

Kingsway Sporting Complex, Spectator Dr, Madeley WA 6065

THURSDAY, APRIL 10

5:00pm - 6:00pm

PERTH BAYSWATER RUGBY CLUB

Morley Sport & Recreation Cent, 12 Wellington Rd, Morley WA 6062

THURSDAY, APRIL 24

5:30pm - 6:30pm

SOUTHERN LIONS RUGBY CLUB

359 Hammond Rd, Success WA 6164

TUESDAYS

5:30pm - 6:30pm

To find out more go to <https://wa.rugby/all-abilities-rugby/clubs>



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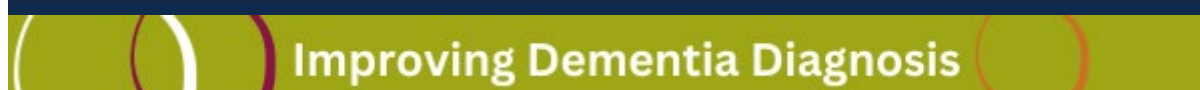
TUESDAYS



5:30pm - 6:30pm

TO FIND OUT MORE

CLICK HERE



Improving Dementia Diagnosis

Improving Dementia Diagnosis in Down syndrome

WHAT ARE THE GOALS?

To design a memory clinic for people with Down syndrome, designed with people with Down Syndrome.

To improve the diagnosis of Alzheimer's disease for people with Down syndrome

WHO CAN JOIN?

People with Down syndrome older than 18, their families or other support people

WHAT WILL HAPPEN?

We will ask you questions about what makes a good clinic.

Interviews go for 60 minutes and you will receive a \$60 gift card for participation.

INTERESTED? QUESTIONS?

Please email: Madeleine.healy@monashhealth.org

Please phone: 0411435665

This project has been checked by Monash Health research department, the number is RES-24-0000-993Q.

**IMPROVING
DEMENTIA
DIAGNOSIS**

**IN
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We always welcome your feedback and suggestions. Send your feedback to admin@downsyndromewa.org.au or use our [online form](#).



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