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CEOs Corner

Dear Members,

Welcome to October, with is beautiful spring weather, and our busiest month of the year.

Spring turned on the perfect weather for StepUP 2025. Sunday 12 October was a beautiful sunny day, filled with music, dance, laughter and fun. We don't calculate the final StepUP figures until the end of October because we still have some amazing families who have StepUP Your Way events in the next couple of weeks, which will be added to the fundraising total. There are mega cupcake events, and an amazing clothing sale coming up and each raise wonderful contributions for DSWA. Thank you to everyone that was involved in StepUP, our staff that donated their time, our DSWAAN for being the MCs, the Dance groups, Darren and all the volunteers and Dylan for the music. To the vendors and market stalls and to everyone that came and donated and fundraised - thank you. It is unlikely that we will make our \$30,000 net fundraising total, which will create a deficit in the budget.

Last weekend we had a fantastic time at the Telethon Family Festival, where the rain meant lots of people visited Beneficiary Lane on Level 1 of the RAC Arena. We were supported by Telethon to speak at the On the Couch Session, with Michael Usher, about how the grant impacts our community. The telethon grant is powerful and impactful, bringing to life not only our programs, but through our staff funded by Telethon, our events and activities as well. Without this funding, there would be almost no services for the 0-17years families. As families grow, we see the impact and connection of the work formed in the early year and observe it impacting young adult lives. We are deeply grateful to Telethon for their ongoing support of our work. Thanks too to the families and broader WA community that had fun in the DSWA Community garden. We are grateful as always to the Boxman for their flexibility in designing and producing the props we come up with each year.







The DSWA Board and I attended the DSWA Annual General Meeting where the Chair presented the Annual Report (which can be found on the DSWA Website

- https://www.downsyndrome.org.au/wa/wp-

content/uploads/sites/11/2025/10/2025-DSWA-Annual-Report-LR.pdf) and made notes of thanks to Community, Board, and Staff. The annual report is a testament to the strength and connection of our DSWA community and the activities, events and programs we run supported by some wonderful grants and grant funders. We continue to look for further funding to expand our support to the community. 2025 has seen continued financial growth and stability and delivered a wonderful range of activities with connections to many members of the broad community that we have. We welcome the return of Board Member Emily McCain to a second two-year term on the board, and welcome new Board Member Daniel Spencer. Both Emily and Daniel are parents of children with Down syndrome and bring exceptional skills with their lived experience to the board. The Chair thanked board members, Aaron Crowther, Jason King and Jemma Henderson for their contribution to the board.

To round out October, Nikki and I travelled to the Northwest and visiting families in Broome and Kununurra, supported by a grant provided through Down Syndrome Australia and the Scrap Heap ride. This will leave DSWA with just two more regions to visit and establish connections, the Goldfields and Pilbara which we hope to

achieve in 2026. This was a fantastic trip, connecting with families, schools, allied and medical professionals and others in the community that support families.

The full October schedule will be followed by the Darlington Arts Festival on 1 and 2 November where 6 DSWA artists will display and sell their artwork, and work at the exhibition stand to talk to the community about their lives and passion for art. If you are looking for a wonderful weekend activity full of colour and interest, come and visit us at the Darlington Arts Festival 10-4 Daily.

We have continued our advocacy work with another two education cases and further challenges in the health system with the medical model continuing to prevail in too many situations. We participated in a submission on the Disability Discrimination Act reform and I am involved with the Human Rights 4 WA team.

On the 23 October the Minister for Education Sabine Winton released the governments final report on the review of the School Education act. It is extremely disappointing to see that the Government has rejected the key recommendation to ensure that inclusive education and reasonable adjustments are included in legislative change. Stating that instead - "The objects of the School Education Act 1999 (WA) should be expanded to establish a framework for inclusive education in which schools empower all students to learn, participate and thrive. Support in principle The Government supports the development of a practical, non-legislative framework to guide inclusive education for students with disability."

A non-legislative framework developed by the Department of Education is unlikely to result in any fundamental change without the weight of the law to support it. Given that the Education system is one of the areas DSWA is most asked to advocate in, where the impact of non inclusive practices occurs, this is both disappointing and unacceptable.

To read the full report or the Governments response to the recommendations follow this link.

https://www.education.wa.edu.au/web/school-education-act-review/review-s-final-report-and-government-s-response

You can view the response to each recommendation see Government Response.

You can read the media release here. https://www.wa.gov.au/government/media-statements/Cook%20Labor%20Government/State-Government-releases-review-of-the-School-Education-Act--20251023

Coming up

The Arts Festival and the fabulous DSWA All Ages Christmas Party. I urge you all to attend. This is not just for young families, it is for ALL families and it has been heart warming to see our older members starting to join us at Christmas. Please do come along, I look forward to seeing you.

Planning for the 40th Anniversary year is well underway, and I am very excited to catch up with as many early families as possible over the coming months. We want to share your stories next year and want you to be part of celebrating what has been achieved because of the work and commitment you have for Down Syndrome WA. 2026 will be packed with storytelling, events and activities to celebrate all that has come before us, and what they made possible, and what is to come in the future.

2026 is also the year of the release of DSWA's next strategic plan which will launch us into a bold and bright future.

Warm regards Cassandra

Cassandra Hughes ceo@downsyndromewa.org.au



Meetings & Association Notes

Upcoming Board Meetings

17th November 15th December



What's On



Details of the events below are in this newsletter, on our Events page (https://www.downsyndrome.org.au/wa/news-and-events/events/) page or contact the DSWA Team – admin@downsyndromewa.org.au



Regional Outreach - Kimberley Visit

Over the last few years we have had a focus on building our outreach across Regional WA. With the support of Telethon 7 we have supported three regions for some time, Great Southern, Midwest and Southwest. In the last two years we have received a Scrapheap grant provided through DSA that has allowed us to launch Peel and Wheatbelt last year and the Northwest this year. We have been very fortunate to travel to Broome and Kununurra and meet with families, service providers, allied health professionals, doctors and teachers and education staff. Nikki and Cas are finishing off their Northwest trip as we publish the eNews. It has been an incredible visit, received with a positive and enthusiastic response. Spending time with people, sharing workshops with professionals we are building knowledge, capacity and strengthening our DSWA community.

The importance of the regional outreach program has been reinforced with the visit to the North West, with families and professionals sharing the need for connection,

information, and resources. Families too reiterated the value of the DSWA community to them.



















Step UP and Dance

It feels like a lifetime ago — but what a truly successful family day out it was! There were much-needed chats and laughs, families reconnecting, and stories shared from the year that was. This is exactly what Step Up is all about.

A huge thank you to all our performers who joined us on the day — and an equally big thank you to their families for bringing them along and supporting them. Another heartfelt thank you goes out to our amazing food vendors and to our awesome Dad who helped at the sausage sizzle! Your efforts kept everyone fuelled with coffee, a tasty bite for lunch, and even a soft-serve ice cream for dessert. We couldn't have done it without you.

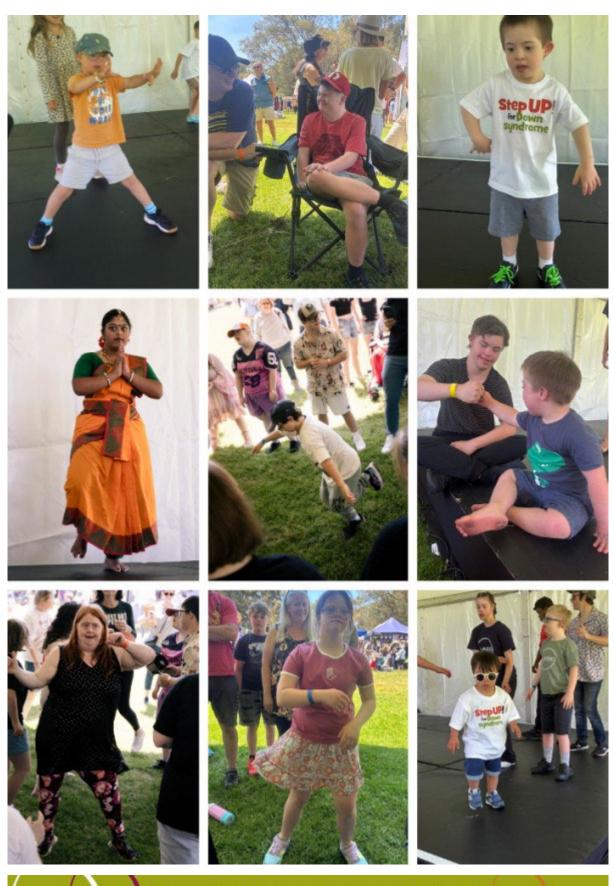
We also want to sincerely thank our wonderful volunteers who helped with setup and pack down, and who supported us at the DSWA store. Your time, energy, and generosity truly made a difference.

And finally, to our incredible staff — thank you for giving up your time to help. Your support was invaluable in making this event such a success.

A big thank you to everyone who has fundraised so far — your efforts truly matter.

There's still time to fundraise your way with a loud socks day at work, a dance off, cup cake stall or anything that works for you.

Here is the link if you wish to still donate: Step UP and Dance for Down Syndrome https://www.mycause.com.au/events/stepupanddance-DSWA



Down Syndrome Awareness Month

DSWA member Avery has attended Village Beaumaris Day Care since she was 8 months old. Read her Mum Felicity's gorgeous update about their celebration for Down Syndrome Awareness month.

Avery has attended our local daycare since she was 8 months old and has been welcomed with open arms. For the past 3 years, Village Beaumaris daycare has celebrated Down Syndrome Awareness month, fundraising for DSWA and celebrating Avery, naming themselves "Avery's Fan Club".

This year I was asked if I would visit the centre to talk about Down Syndrome, read the children a book or two and sing & sign. Whilst admittedly I was a little nervous at first of a very young audience (give me an Executive boardroom any day!) - it was such a fantastic experience for myself, the children and the Educators.

I started by asking "does anyone know what is different about Avery?" After some careful thought, a young boy said confidently "she's shy" and the other children nodded in agreement. I explained that Avery is a bit different in other ways and that she might not talk like they can. But I encouraged that she can understand everything, which is why we sign, so she can sign back and tell us what she wants to say. I sang & signed the Rainbow song, 5 Cheeky Monkeys and showed off our playgroup calendar where the children were excited to see Avery! The Educators were thrilled with the visit and have since started incorporating signing into their rooms. They have asked me to come again next year and we raised over \$200 for DSWA!





PCH Outreach

This month, Nikki and Paula had the pleasure of welcoming **three new families** into our community!

Things have been busy at PCH, with a few of our kiddos having overnight stays. Nikki had a super busy day last week with 5 face to face visits.

If you're currently at PCH or have an upcoming appointment and want to catch up, please don't hesitate to reach out to either of us—we'd love to stop by, say hi, and bring that much-needed coffee.

You can find us at Ronald McDonald House, or email familysupport@downsyndromewa.org.au
Nikki and Paula

Telethon Family Festival

What an amazing event to be a part of!

A massive thank you to all our incredible volunteers who helped create our beautiful community garden. Your hard work, creativity, and passion brought the space to life and made it something truly special for everyone to enjoy.

Thank you also to all the wonderful families who came by to say hello and introduce themselves. It was heartwarming to connect with so many of you — these moments are what make days like this so meaningful.

We're so proud to have been involved in such a special event — thank you for helping make it unforgettable!



Parents & Bubs Morning Tea

Come join Cas, Nikki, and Paula for our last Parents' Morning Tea of the year!

Date: Tuesday, 19th November Time: 10:00 AM - 12:00 PM

Location: Little Ts Café - 732 Karrinyup Road, Balcatta

Booking is essential – please secure your spot via the link below:

https://www.trybooking.com/DGOVO

We'd love to see you there for a relaxed morning of coffee and connection before the end of the year!



Parents and Bubs Morning Tea

We warmly invite all mums and dads of little ones with T21 to join us for a beautiful morning tea. This is a relaxed and welcoming opportunity to:

- Connect with other parents at a similar life stage
- · Share experiences and support
- · Come and See Nikki, Cas and Paula

* This will be our final morning tea for the year, so we'd love to see you there!

DATE Wednesday 19th Novemeber

TIME 10am to 12pm

VENUE Little Ts Cafe

732 Karrinyup road Balcatta

RSVP https://www.trybooking.com/DGOVO









Keyword Sign Workshop

We're excited to announce that for the first time, we are running the Intermediate Key Word Sign Course!

Take the next step in your Key Word Sign journey!

This full-day workshop is for those who have already completed the Basic Key Word Sign course and want to build on their skills and confidence.

Date: Wednesday 12th November

Time: 9:30 AM - 4:00 PM

Location: Belmont Forum, Level 2, Shop 213, Wright Street, Cloverdale

Bookings are essential

Registrations close: Wednesday, 5th November Book now: https://www.trybooking.com/DGQNV

Intermediate Key Word Sign Workshops

This course helps you learn more about Key Word Sign and the use of gesture. You will gain skills in choosing and adapting signs for everyday activities, daily routines, games, and songs. The course also teaches you how to create a sign-friendly environment by using helpful strategies, practical resources, and supportive techniques to encourage others to use sign.

What does the workshop cover?

- Revise the signs from "Getting Started with Key Word Sign" (Interactive Vocabulary).
- · Learn 60-80 new signs in topics like:
- Food
- Colours
- · People
- Numbers
- Learn the two-handed fingerspelling alphabet.

Skills You Will Build

- · Improve your:
 - Signing accuracy
 - Signing fluency
- · Practise in:
 - Individual activities
 - Small groups
 - Whole group sessions
- · Learn how to use 'scripting' to:
 - Plan what signs to use
 - Use signs during daily communication

Date: Wednesday 12th November 2025

Time: 9:30am - 4pm Venue: Belmont Hub Level 2, 213 Wright St, Cloverdale

Cost: \$250pp

Registrations close on the 5th November 2025 https://www.trybooking.com/DGQNV

For more details contact: familysupport@downsyndromewa.org.au or call 08 6182 3690







Great Southern Bowls



Thanks to Telethon the Great Southern members enjoyed an afternoon of bowling followed by some nibbles and a chat.

"We had a great day on Sunday with a good turnout of 18 people. It was especially nice seeing our gang of teenage boys having a raucous time together." - Jenny.















Open Employment Program

Step up employment!

A big thank you to everyone that came and visited the employment tent at Step Up. Step up was an amazing success and it was so amazing to meet members and their families to talk about the employment program and talk about all the amazing opportunities that our employment program has to offer our members that are seeking employment.



Expression of Interest: Ready for Work Program

Our employment program offers a ready for work program, which is an amazing opportunity for our school leaver members and members seeking employment but are unsure of where to start. Our ready for work program offers so many learning skills sets that will prepare our members for the workplace. A couple of the skill sets that our members learn are self-management, workplace expectations, learning how to write cover letters/resumes and grooming and hygiene. These are all such important skills for our members to learn and develop as they're important skill sets to have for entering and preparing for the workplace.

If you or a loved one are a school leaver and wanting to enter the workplace or are someone that wants to enter the workplace and isn't sure where to start, reach out to Lara at employment@downsyndromewa.org.au. We can't wait to help you start your employment journey.



Know of or are a company wanting to build your company with inclusivity?

Here at DSWA we are always seeking employers for our members that are seeking employment. Being part of our employment program as an employer is such an amazing and rewarding experience for all the companies/business that are looking to add new people to their company.

If you are a company or know of a company that is looking to add hard working team members to your company, reach out to our employment coordinator Lara at

employment@downsyndromewa.org.au she can't wait to hear from you and help your company add valuable team members to your company/business.



Life Skills Lab

October has been very fun and all the workshops that have taken place have felt incredibly valuable. All the events run as part of the Life Skills Lab are either free or low cost so please make the most of these sessions.

We are collaborating with industry experts to provide the best information on the topics such as Public Transport, Emergency planning, Goal Setting, Online Safety and Healthy eating.

Our Public Transport Course is 3 weeks and the feedback received so far has been

positive. We have been role playing typical bus situations and learning about Smart Riders and Fares. We will run another 5-week Transport Course in 2026 for anyone who missed it this time or if anyone would like to re do the course.

Another key life skill is cooking and eating healthily. We are currently putting together a cookbook with recipes from the community. If you would like your recipe to be included or if you would like the opportunity to be filmed cooking your favourite healthy meal please complete this form before the 5th



November https://forms.office.com/r/Q4NGDw17zR

We had an amazing performance from Jan de Jong Martial arts at Step Up. One of our DSWAAN Tilly, took part in their 5 week Self Defence course and got on stage to demonstrate everything that she had learnt, including breaking grips of someone trying to grab you. We will be running another self defence course in 2026 so if you are interested keep an eye out on socials.

Guardianship is a complex topic and as your loved one with Down Syndrome nears adulthood it is normal to think about how best to support their decision making and independence. Guardianship is a legal process in which a court puts someone, often a parent or trusted adult in charge of making certain decisions on behalf of an individual. The level of authority can vary and decision making can range from medical to financial matters.

It is important to know that guardianship is not the only option and others exist such as joint bank accounts, power of attorney and supported decision making agreements. Each persons needs are unique, that is why we have the Office of the Public Advocate coming into Belmont to talk and answer any questions you may have on the topic.

Sign up for the session at Belmont Hub, 10am -12:30pm on the 26th November - https://www.trybooking.com/DFVZF

Understanding Guardianship + Administration

When a child with a decision-making disability becomes an adult.









This free information session covers a variety of topics including:

• The principles of guardianship, administration and least restrictive alternatives.

• What are the future planning tools + are they appropriate for you and your adult child?

26th November 2025 10.00am - 12.30pm Belmont Hub Code to sign up
Information Packs and morning tea provided.



Current Research Projects

RSV Research Project at The Kids Research Institute

Researchers from The Kids Research Institute Australia are hoping to learn more about how respiratory syncytial virus, or RSV, affects your family.

They are wanting to speak with parents/carers of young children at a higher risk for RSV infections. Researchers will ask how RSV affects your family, and what information is important to you when learning about RSV immunisations.

Researchers would love to hear from you if you have a child aged under 2 years who:

- has a chromosomal abnormality (i.e. Trisomy 21), and/or
- was born very pre-term (32 weeks or earlier), and/or
- has a heart or lung condition

How do I get involved?

If you're keen to get involved, please click on the following link for more information, and to sign up to the study: https://redcap.link/iwyyb1dw



We need your help!

Researchers from The Kids Research Institute Australia are hoping to learn more about how respiratory syncytial virus, or RSV, affects your family.

- RSV is a common cause of runny noses, coughs and fever. It can make young kids very sick and require treatment in hospital.
- We would like to speak with parents and carers of young children at a higher risk for RSV infections. Researchers will ask how RSV affects your family, and what information is important to you when learning about RSV immunisations.



- · was born very pre-term (32 weeks or earlier), and/or
- has a heart or lung condition, and/or
- has a chromosomal abnormality





Scan the QR code or click HERE to sign up, or contact STAMP_RSV@thekids.org.au for more information.









Playgroups



Our Playgroup East families went on a journey into space and stomped around with the dinosaurs this month! We always enjoy a range of activities from sensory exploration to craft and outdoor play.

Music is an important segment in our sessions, and it is such a joy to see little ones engaging in their own way. Some quietly watch and listen, taking it all in. Others quickly join in the songs and actions, all-smiles. For the adults, it's a safe space to connect and maybe even relax and recharge a little!

We would love to welcome you to our next session on Thursday 6th November, themed 'In the Garden'. Also mark Thursday 4th December in your diary for our final session of 2025.

For further information please email familysupport@downsyndromewa.org.au

See you there Anita

🐇 Come Join Us for an "In the Garden" Themed Playgroup! 🐇

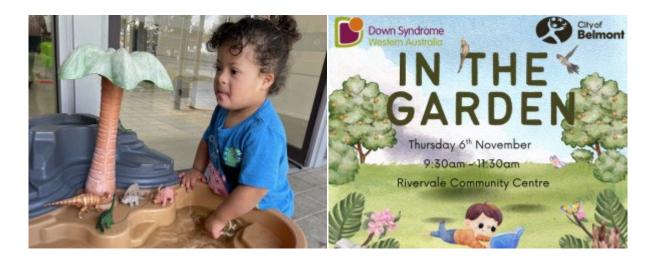
■ **Date:** Thursday, 6th November **Time:** 9:30 AM – 11:30 AM

P Location: Rivervale Community Centre

Get ready for a fun-filled morning of garden-themed play and crafts. Perfect for little







Playgroup South



What a beautiful start to Term 4 at Playgroup South!

We've kicked off the term with plenty of sensory play, sunshine, and smiles. The children have loved getting creative with their Halloween paintings and spending time outdoors in the sandpit. Meanwhile, our parents and carers have enjoyed reconnecting, sharing stories, and networking over coffee and morning tea. \bigcirc

It's been such a lovely start to the term — thank you to all our families for bringing your energy and warmth each week. We can't wait to see what the rest of Term 4 brings! \bigcirc

Love from your playgroup team Renee and Nicole xx playgroup@downsyndromewa.org.au



Playgroup North



An Awesome October at Playgroup North!

We braved the cold in our Arctic Adventure, checked out some Creepy Crawlies In The Garden and got into the Spooky Spirit with our Halloween celebrations!

We will be kicking off November with our Feelings theme, learning the Auslan signs for all of them.

Playgroup North is run every Friday 9.30-11.30am during the school terms in Gwelup.

We hope you can join us.

Karina and Anita playgroup@downsyndromewa.org.au



Kids Club

Supported by



Step up, what a turn out! It was great to see everyone bright and colourful, with their dancing shoes on. Thank you for everyone who made the day special, and taking time with the community. We greatly appreciate all the donations and participation, and loved spending the day with you all.

Get ready to shoot hoops, build skills, and have fun at our exciting basketball session and workshop! Σ

When: Saturday, 8th of November | 12:00 PM - 3:00 PM

(Arrive at 12:00 PM for a 12:15 PM sharp start)

Where: Stirling Leisure Centre – Hamersley

20 Belvedere Road, HAMERSLEY WA 6022

Afternoon tea provided after the session at the nearby oval!

Tickets: Free for members with DS, \$5 for siblings

Book your spot now: https://www.trybooking.com/DGSWE RSVP by Wednesday the 5th of November.

If you have a child aged 5 to 11 with Down syndrome and would love to connect with other families to encourage peer relationships, social skills and networking for parents, please contact Siobhan Painter at kidsclub@downsyndromewa.org.au for registration details.

Friends for Life

Join your FrienDS for life friends for a fun afternoon of festive crafting before the Christmas rush! An experienced art teacher will guide you through a range of creative projects.

- Festive Arts & Crafts Afternoon! &
- Saturday, November 15 | 1–4pm
- P Leederville Community Centre, 99 Loftus St, Leederville
- (§) Cost: \$15
- Afternoon tea provided please include any dietary requirements when booking.
- Note: Supports must stay with participants.

Booking is essential: https://www.trybooking.com/DHAKX

Don't miss out on this creative catch-up – spots are limited! ♣ Come along for some festive crafts and a catch up with your Friends for Life friends before the busy Christmas season. The class will be run by an Art Teacher with many different options of craft on offer. AND CRAFTS Leederville Community Centre 99 Loftus street Leederville Saturday 15th November 1pm - 4pm Cost \$15pp Aim High

Join your Aim High friends for a fun afternoon of festive crafting before the Christmas rush! An experienced art teacher will guide you through a range of creative projects.

- Saturday, November 15 | 1–4pm
- Centre, 99 Loftus St, Leederville
- ீ Cost: \$15
- Afternoon tea provided please include any dietary requirements when booking.
- Note: Supports must stay with participants.

Booking is essential: https://www.trybooking.com/DHAKX



New Sensory Accessible Session - You Are Invited

Date: Saturday 15 November

Time: 9am to 11am

Location: Garvey Park, Fauntleroy Avenue, Ascot

Tickets: Get your free tickets today!

Access code: DSWA

http://belmont.wa.gov.au/kidzfest-access



Down Syndrome Australia is facilitating a webinar Wednesday 5 November for a 60-minute webinar with Associate Professor Jasneek Chawla.

Learn how common sleep apnoea is in children and young people with Down syndrome, why it's important to treat and how it's diagnosed and managed.

The session is for parents, carers and health professionals supporting young people with Down syndrome.

Learn more and register: https://buff.ly/moGcRrQ







Accessible Filmmaking Program

Jump on board the bus. Our friends at Bus Stop Films have opened enrolments for their 2026 Accessible Filmmaking Program in Perth, delivered in partnership with Edith Cowan University.

The Program is open to people aged 17+ who live with mild to moderate intellectual disabilities or autism. Participants build skills in filmmaking while gaining work ready

skills, improved literacy and social confidence, delivered in a friendly and supportive environment.

For more open day information and to apply head to: https://busstopfilms.com.au/programs/

Don't delay as places will fill fast. We can't wait to see you on board the bus next year.





Citizen Advocacy

Citizen Advocacy matches people with intellectual disability with volunteer advocates in their local community. Volunteers are matched with a person who has similar interests and time availability, allowing them to form a unique and meaningful relationship centred around friendship.

Recruited, trained, matched, and supported on an ongoing basis by Citizen Advocacy, each volunteer advocate independently represents the interests of the person with disability and may help with things like:

- Emotional Support a listening ear and reassurance during tough times.
- Practical Assistance help with everyday tasks like organising paperwork, managing finances, or making appointments.
- Advocacy speak up for the individual's rights and interests in various settings, such as healthcare appointments.
- Social Inclusion help to join community activities and foster friendships to enhance a sense of belonging.
- Goal Setting and Empowerment help to identify personal goals, build skills, and work towards greater independence.

For more information:

Website: https://citizenadvocacy.org.au

Phone: (08) 9445 9991





Camp Opportunity is a week-long, live-in summer camp held in January. This experience is designed to be inclusive, empowering, and unforgettable, and best of all — it's completely free for all campers!

Camp Opportunity is open to young adults, living with a disability, aged 18–35 who would benefit from a fun, supportive environment that fosters confidence, friendships, and personal growth.

For more information visit https://rotarywa9423.org.au/sitepage/camp-opportunity

Camp Opportunity







Western Australia

What is Camp Opportunity

Camp Opportunity is a week-long live-in camp for young adults aged 18–35 with a diagnosed disability. It's designed to foster personal growth, friendship, and teamwork through fun and inclusive activities.

* Where

Point Walter Rec Centre 1 Stock Road, Bicton, WA



11-17 January 2026

Contact Details

campopportunityrotary wa@gmail.com







Eligibility

- Aged 18-35 (by 11 Jan 2026)
- · Diagnosed disability
- Seizure plan (if needed), low risk in heat/activity
 inal acceptance at the discretion of the Camp Committee







CARE Down Syndrome

CARE Down Syndrome is a A Clinical Education Hub for Healthcare Professionals.

It is based in the United States and may have useful information to share with your doctors and health professionals.

https://careds.org







A Clinical Education Hub for Healthcare Professionals

Only an estimated 5% of adults with Down syndrome in the U.S. have access to specialty Down syndrome clinics. That means 95% rely on you, their primary care professional.

About Us





Compliments and Complaints

We always welcome your feedback and suggestions. Send your feedback to admin@downsyndromewa.org.au or use our online form.



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